

All Irish

拍數: 56 牆數: 4 級數: Improver
編舞者: Micaela Svensson Erlandsson (SWE) - January 2020
音樂: Irish Medley - Derek Ryan



NB: This dance is choreographed to a shorter version (3.14) and not the one from his album. The one on his album has plenty of restarts, this version does not.
No Tags Or Restarts

Section 1: Rocking Chair. Step. ½ Turn left. Kick Ball Change.

1-4 Rock forward on right. Recover onto left. Rock back on right. Recover onto left.
5-6 Step forward on right. Turn ½ left.
7&8 Kick right forward. Step right in place. Step left in place.

Section 2: Heel. Hook. Heel. Flick. Forward Shuffle. Rock Step. Sailor ¼ Turn left.

1& Touch right heel forward. Hook right foot over left.
2& Touch right heel forward. Flick right foot back.
3&4 Step forward on right. Close left beside right. Step forward on right.
5&6 Rock forward on left. Recover onto right.
7&8 Step left behind right turning ¼ left. Step right to right side. Step forward on left.

Section 3: Brush forward. Brush back. Brush forward. Brush back. Shuffle forward x2

1-2 Brush right forward. Brush right back across left.
3-4 Brush right forward . Brush right back.
5&6 Step forward on right. Close left beside right. Step forward on right.
7&8 Step forward on left. Close right beside left. Step forward on left.

Section 4: Rock Step. Touch. Unwind ½ right. Heel Switches (l,r,l). Clap Twice. Ball.

1-2 Rock forward on right. Recover onto left.
3-4 Touch right toe back. Unwind ½ over your right shoulder leaving weight on right.
5& Touch left heel forward. Step left in place.
6& Touch right heel forward. Step right in place.
7&8& Touch left heel forward. Clap hands. Clap hands. Step left in place taking weight.

Section 5: Cross. Side. Sailor Step. Cross. Side. Sailor Step.

1-2 Cross right over left. Step left to left side.
3&4 Cross right behind left. Rock left to left side. Recover onto right.
5-6 Cross left over right. Step right to right side.
7&8 Cross left behind right. Rock right to right side. Recover onto left.

Section 6: Step. ½ Turn left. Step. ½ Turn left. Jazz Box.

1-4 Step forward on right. Turn ½ left. Step forward on right. Turn ½ left.
5-8 Cross right over left. Step back on left. Step right to right. Step forward on left.

Section 7: Sugar Foot. Stomp. Hold & Clap Twice. Sugar Foot. Stomp. Hold & Clap Twice.

1-2 Touch right toe to instep of left foot. Touch right heel to instep of left foot.
3&4 Stomp right across left. Hold & Clap twice.
5-6 Touch left toe to instep of right foot. Touch left heel to instep of right foot.
7&8 Stomp left across right. Hold & Clap twice.