

# Blinding Lights

拍數: 48      牆數: 2      級數: Improver  
編舞者: Ann-Kristin Sandberg (NOR) - January 2020  
音樂: Blinding Lights - The Weeknd : (iTunes)



Intro: 16 counts from the beat

## Kicks x 2-Point-Touch-Flick-Side-Together-Side-Touch-Side-Touch-Side-Touch

1&2&      Kick R forw, Step R next to L (bend knees), Kick L forw, Step L next to R (bend knees)  
3&4&      Point R out to R side, Touch R next to L, Point R out to R side, Flick R up behind L  
5&6&      Step R to R side, Step L next to R, Step R to R side, Touch L next to R  
7&8&      Step L to L side, Touch R next to L, Step R to R side, Touch L next to R

## Side-Together-1/4 turn L-Scuff-Step-Pivot 1/4 turn L-Kick & Rock recover-Kick-Walk & Clap

1&2&      Step L to L side, Step R next to L, 1/4 turn L stepping L forw, Scuff R forw (F 09)  
3&4&      Step R forw, Pivot 1/4 turn L, Kick R forw, Step R forw (F 06)  
5&6&      Step L to L side, Recover onto R, Kick L forw, Step L forw  
7&8&      Step R forw, Clap, Step L forw, Clap

## Side-Rock recover-Side-Rock recover-Rumbabox

1-2&      Step R to R side, Step L backw, Recover onto R  
3-4&      Step L to L side, Step R backw, Recover onto L  
5&6      Step R to R side, Step L next to R, Step R forw  
7&8      Step L to L side, Step R next to L, Step L backw

## Lock steps-Back-Rock recover-Walk & Clap

1&2      Step R backw, Lock L in front of R, Step R backw  
3&4      Step L backw, Lock R in front of L, Step L backw  
5&6&      Step R backw, Recover onto L, Step R forw, Clap  
7&8&      Step L forw, Clap, Step R forw, Step L next to R & clap at same time

## Rock recover-Lock steps-Rock recover-Lock Steps

1&2&      Step R forw, Recover onto L, Step R backw, Recover onto L  
3&4      Step R forw, Lock L behind R, Step R forw  
5&6&      Step L forw, Recover onto R, Step L backw, Recover onto R  
7&8      Step L forw, Lock R behind L, Step L forw

## Step-Pivot 1/2 turn L-Step-Pivot 1/2 turn L-Cross-Back-Side-Forw

1-2      Step R forw, Pivot 1/2 turn L (F 12)  
3-4      Step R forw, Pivot 1/2 turn L (F 06)  
5-6      Cross R over L, Step L backw  
7-8      Step R to R side, Step L forw

RESTART: Wall 3 after 32 Counts F 06

ENJOY DANCING & HAVE FUN!

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