

# No Tears Left

**COPPER KNOB**  
STEPSHEETS

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Amy Christian (USA) - January 2020  
音樂: no tears left to cry - Ariana Grande



**Intro: 16 counts after the beat kicks in. (At 0:30secs).**

**STEP FWD, HOLD, STEP FWD, HOLD, OUT, OUT, IN, IN,**

1-4                    Step R fwd, Hold, Step L fwd, Hold,

5-8                    Step R out to right side, Step L out to left side, Step R in, Step L next to R,

**¼ TURN RIGHT - STEP FWD, HOLD, STEP FWD, HOLD, OUT, OUT, IN, IN,**

1-4                    Make a ¼ turn right and Step R fwd, Hold, Step L fwd, Hold, [3:00]

5-8                    Step R out to right side, Step L out to left side, Step R in, Step L next to R,

**VINE R, STEP SIDE, TOUCH, STEP SIDE, TOUCH,**

1-4                    (Vine R), Step R to right side, Step L behind R, Step R to right side, Touch L next to R,

5-8                    Step R to right side, Touch L next to R, Step L to left side, Touch R next to L,

**VINE L, ROCKING CHAIR,**

1-4                    ( Vine L), Step L to left side, Step R behind L, Step L to left side, Touch R next to L,

5-8                    (Rocking Chair), Rock fwd on R, Recover on L, Rock back on R, Recover fwd on L,

**Start over!**

**\*RESTART Happens once on Wall 5 – Dance 16 counts and start over.**

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