# Midland Mini Cha



拍數: 32 牆數: 1 級數: Absolute Beginner

編舞者: Cheryl Carter (UK) & Sandra Speck (UK) - January 2020

音樂: Put the Hurt on Me - Midland: (Album: Let it Roll)



#### Music available from iTunes

#32 count intro, approx. 20 seconds

### **S1 .RUMBA BOX WITH HOLDS**

1-2	Step right to side, close left next to right,
3-4	Step forward on right, hold for one count
5-6	Step left to side, close right next to left,
7-8	Step back on left, hold for one count

### S2. BACK ROCK, FORWARD ROCK, BACK ROCK, STEP 1/4 PIVOT

1-2	Rock back on right, recover onto left
3-4	Rock forward on right, recover onto left
5-6	Rock back on right, recover onto left

7-8 Step forward on right, turn ¼ left, weight on left

## S3. WEAVE (OVER-SIDE-BEHIND), BEHIND 1/4 WALK HOLD

1-2	Cross right over left, step left to side
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3-4	Cross right behind left, sweep left foot out from front to back
5-6	Cross left behind right, turn ¼ right stepping forward on right

7-8 Walk forward on left, hold for one count

### S4. STEP POINT, BACK POINT, JAZZ BOX CROSS

1-2	Step forward on right, point left to left side
3-4	Step back on left, point right to right side
5-6	Cross right over left, step back on left
7-8	Step right to side, cross left over right.