

Flying

拍數: 24 牆數: 4 級數: High Beginner Waltz
編舞者: Laura Rittenhouse (AUS) - January 2020
音樂: Flying - Cait Agus Sean



(Note: this is a good waltz to introduce beginners to the fallaway diamond sequence of steps.)
Start after 3 seconds of instrumental, 1 beat before lyrics

S1 WEAVE RIGHT, SIDESTEP, DRAG LEFT BEHIND

1,2,3 Cross L over R, Step R beside L, Cross L behind R
4,5,6 Step R to R, Drag L behind R, Shift weight to L

S2 WEAVE LEFT, SIDESTEP, DRAG RIGHT BEHIND

1,2,3 Cross R over L, Step L beside R, Cross R behind L
4,5,6 Step L to L, Drag R behind L, Shift weight to R

S3: FALLAWAY DIAMOND

1,2,3 Cross L over R, Turn 1/8 L stepping R to R (10:30), Step L beside R
4,5,6 Step R back diagonally, Turning 1/4 L stepping L to L (7:30), Step R beside L

S4: FALLAWAY DIAMOND CONTINUED

1,2,3 Step L fwd, Turn 1/4 L stepping R to R (4:30), Step L beside R
4,5,6 Step R back diagonally, Turning 1/8 L stepping L to L (3:00), Step R beside L
