

Shallow-Easy

COPPER **NOB**
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Karen Christensen (DK) - January 2020
音樂: Shallow (feat. Parker McCollum) - Danielle Bradbery



#16 counts intro

SECTION 1 : SIDE TOGETHER, FWD SHUFFLE, ROCK RECOVER, COASTER BACK.

1-2- Step R to R side (1) , step L beside R (2),
3&4 step fwd on R (3), step L beside R (&), step fwd on R(4),
5-6- Rock L fwd (5), recover back on R (6)
7&8 Step back on L (7). step R next to L(&), step L fwd(8)

SECTION 2 : 1/4 PIVOT, CROSS SHUFFLE, SIDE ROCK, CROSS POINT

1-2- Step fwd on R (1), pivot 1/4 left (2)
3&4 Cross R over L (3), Step L beside R (&), Cross R over L (4)
5-6 Rock L to left side (5), recover on R (6)
7-8 Cross L over R (7), point R to R side (8)

SECTION 3 : CROSS POINT, COASTER BACK, STEP ½TURN, STEP FORWARD, STEP FORWARD

1-2 Cross R over L (1), point L to L side (2)
3&4 step back on L (3), step R next to L (&), step L fwd (4),
5-6 step R fwd (5), turn ½ L onto L (6)
7-8 step R to fwd (7), step L to fwd (8)

SECTION 4 : ROCK FWD RECOVER, BACK SHUFFLE, BACK ROCK RECOVER, SHUFFLE FWD.

1-2 rock forward on R (1), recover on L (2)
3&4 step back on R (3), step L next to R (&). step back on R (4)
5-6 rock back on L (5), recover on R (6)
7&8 step fwd on left (7), step R next to L (&), step fwd on L (8)

One restart on wall 3 facing back. Dance 8 counts, then restart 6:00 o'clock

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