

Good Man Gone Bad

COPPERKNOB
BY STEPHEN

拍數: 48 牆數: 4 級數: Improver - Blues
編舞者: Marc Mitchell (CAN) & Jane Gregory (UK) - January 2020
音樂: Good Man Gone Bad - B.B. King : (Album: Blues on the Bayou)



Intro: 48 counts - Direction: CW

LINDY LEFT, WEAVE RIGHT

1&2 Step left to side, step right together, step left to side
3-4 Rock back right behind left, recover left
5-6 Step right to side, step left behind
7-8 Step right to side, cross left over right

LINDY RIGHT, BALL STEP LEFT, HOLD, STEP 1/4 TURN LEFT, HOLD

1&2 Step right to side, step left together, step right to side
3-4 Rock back left behind right, recover right
&5-6 Ball left to side, step right together, hold
7-8 Step left forward 1/4 turn left, hold

ROCK RIGHT FORWARD, RECOVER, BALL STEP RIGHT TOGETHER, STEP LEFT FORWARD, RECOVER, BALL LEFT TOGETHER, POINT RIGHT SIDE, DRAG IN

1-2 Step right forward, recover left
&3-4 Ball step right together with left, step left forward, recover right
&5-6 Balls step left together with right, touch right to side, drag right in over 1 count
7-8 Drag right in over 2 counts

CROSS ROCK RIGHT, RECOVER LEFT, STEP RIGHT FORWARD 1/4 TURN RIGHT, LEFT TOGETHER, VOLTAS 1/4 TURN RIGHT

1-2 Cross rock right over left, recover on left
3-4 Step right forward 1/4 turn right, step left together
5&6& Step right forward 1/16 turn right, ball left together, step right forward 1/16 turn right, ball left together
7&8 Step right forward 1/16 turn right, ball left together, step right forward 1/16 turn right

OUT OUT FORWARD, HOLD, OUT OUT BACK, HOLD, TOUCH RIGHT SIDE, FORWARD, RIGHT SIDE, STEP BEHIND

&1-2 Step left forward, step right together, hold
&3-4 Step left back, step right together, hold
5-6 Touch right to side, touch right forward
7-8 Touch right to side, step right back

HEEL TURN 1/2 TURN RIGHT, POINT LEFT SIDE, TOUCH IN-OUT-IN, STEP LEFT FORWARD, 1/4 TURN LEFT, STEP RIGHT SIDE 1/4 TURN LEFT, TOUCH LEFT TOGETHER

1-2 Swivel both heels 1/2 turn right, touch left to side,
3-4 Touch left together, touch left to side
5-6 Touch left together, step left forward 1/4 turn left
7-8 Step right to side 1/4 turn left, touch left together

***ENDING: Wall 7 (6.00), after 48 counts for a perfect finish: After 46 counts, don't do the last 1/4 turn left. Instead, walk forward right, walk forward left, arms with attitude**

***WALL SEQUENCE: 12,3,6,9,12,3,6**

