Trashy Women

拍數: 32

級數: Beginner / Improver

編舞者: James Hart (USA) - January 2020

音樂: Trashy Women - Confederate Railroad

Weight starts on left foot

TOE STEPS, HEELS, TOES

- 1-2 Tap right toe forward, step down on RF
- 3-4 Tap left toe forward, step down on LF
- 5-6 2X right heel tap forward
- 7-8 2X right toe tap back

2X HEEL TOE STOMP STOMP

- 1-2 Right heel tap forward, step on RF in place
- 3-4 2X stomp LF in place (weight stays on RF)
- 5-6 Left heel tap forward, step on LF in place
- 7-8 2X stomp RF in place (weight stays on LF)

VINE RIGHT WITH 1/4 TURN, VINE LEFT

- 1-4 RF to right side, LF behind RF, RF to right side, 1/4 turn to right (CW)
- 5-8 LF to left side, RF behind LF, LF to left side, kick RF forward

BACK THREE HITCH, STEP SLIDE STEP SCUFF

- 1-3 Step back RF, LF, RF
- 4 Hitch left knee up
- 5 Step LF forward
- 6 Slide RF to beside LF
- 7 Step LF forward
- 8 Scuff right foot forward

START OVER





牆數:4