

Like Johnny Cash

拍數: 32 牆數: 1 級數: Improver NC2S
編舞者: Mary Bee Friedrich (DE) - January 2020
音樂: Hold Me Like Johnny Cash (Studio Version) - Lenny Kravitz



Intro: 32 Count = you start after 30 sec....sings ...hold me like Johnny Cash!

Section 1: NC- Basic R/L, 1/8 Turn Sweep L, Walk back R/L, 1/8 Back Turn L, ¼ Turn L

- 1 - 2 & RF step to right side, LF close to RF (3rd. Pos.), RF cross over LF
- 3 - 4 & LF to left side, RF close to LF (3rd Pos.), LF cross over RF
- 5 - 6 & RF step to right, LF 1/8 turn sweep diagonal fwd. to right LF step place(facing 11.30 h) RF step back,
- 7 - 8 & LF step back, RF 1/8 turn back (cross back, LF bwds.(facing 9 h)) LF ¼ turn left (6 h)

Section 2: Prizzi Walk R/L/R, Rock, ½ Turn, Sweep R/L, Side Rock

- 1 - 2 RF step fwd crossing LF, LF step fwd. crossing RF,
- 3 - 4 & RF step fwd. crossing LF, LF Rock fwd., LF ½ turn back left (12 h)
- 5 - 6 LF step fwd., RF sweep fwd.,
- 7 - 8 & LF sweep fwd., RF rock to right side, LF recover on weight

Section 3: Cross Back, Side Rock Cross, Side, Behind, Hold, Side, Cross, Side, Sway L/R ¼ Turn L

- 1 & 2 & RF cross back, LF step to left side, RF recover on weight, LF cross over RF
- 3 - 4 RF step to right, LF cross behind RF
- 5 - 6 & LF Hold, RF step to right side, LF cross over RF, RF step to right side
- 7 - 8 & LF body sway left, RF body sway right, LF ¼ turn to left (facing 9 h)

Section 4: 2 x Step ½ Turn L, Walk R/L/R/L, Side Rock (Sway), Synch Sway R/L/R/L

- 1 - 2 RF ½ turn back left, LF ½ turn step fwd.
- 3 - 4 RF step fwd., LF step fwd.
- 5 - 6 RF step to right side, LF step to left side
- 7 & 8 & RF recover to right side, LF recover to left side, RF recover on right, LF recover on left

Enjoy it :-)

Any questions?...please...

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RF = right Foot / LF = left Foot / fwd. = forward / bwd. = backward

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