

Just Hey! Valerie

拍數: 56 牆數: 4 級數: Easy Intermediate
編舞者: Hiroko Carlsson (AUS) - January 2020
音樂: Hey, Valerie! - The Derailers



(Intro: 16 counts)

[S1] Rolling Vine R-Cross, Lindy R

1 2 Make a ¼ turn right with R forward, Make a ½ turn right with L back
3 4 Make a ¼ turn right with R to the side, Cross L over R
5&6 Right side shuffle RLR
7 8 Rock back on L, Recover weight on R (12:00)

[S2] Monterey 1/4L Turn, Toe Touch Fwd R-L

1 2 Touch L toe to left side, Pivoting ¼ left on ball of R and step L next to R (clap)
3 4 Touch R toe to right, Step R next to L (clap)
5 6 Touch L toe to the front slightly facing right diagonal, Step L close to R
7 8 Touch R toe to the front slightly facing left diagonal, Step R close to L (9:00)

[S3] Rolling Vine L-Cross, Lindy L

1 2 Make a ¼ turn left with L forward, Make a ½ turn left with R back
3 4 Make a ¼ turn left with L to the side, Cross R over L
5&6 Left side shuffle LRL
7 8 Rock back on R, Recover weight on L (9:00)

[S4] Monterey 1/4L Turn, Heel Swivels

1 2 Touch R toe to right side, Pivoting ¼ right on ball of L and step R next to L (clap)
3 4 Touch L toe to left, Step L next to R (clap)
5 6 Swivel heels to the left, Heels to the right
7 8 Heels to the left, Heels to the centre (12:00)

[S5] Step-Pivot 1/2L, Fwd Rock, Side-Hold, &-Side Rock

1 2 Step forward on R, Make a ½ turn left recover weight on L
3 4 Rock forward on R, Recover weight on L
5 6& Stomp R to the right, Hold, Step L Together
7 8 Rock R to the right, Recover weight on L (6:00)

[S6] Kick-Kick-Coaster ¼ Turn, Fwd-Scuff, Step-Pivot 1/2L

1 2 Kick forward on R, Kick diagonally forward on R
3&4 Make a ¼ turn right stepping back on R, Step L next to R, Step forward on R
5 6 Step forward on L, Scuff R forward
7 8 Step forward on R, Make a ½ turn left recover weight on L** (3:00)

[S7] 2x Box ¼ Turn R

1 2 Cross R over L, Make a ¼ turn right stepping back on L
3 4 Step R to the side, Step forward on L
5 6 Cross R over L, Make a ¼ turn right stepping back on L
7 8 Step R to the side, Step forward on L (9:00)

Restart: on wall 3 count 48**(9:00) and wall 4 count 48**(12:00) - omitting 2 box ¼ steps

Ending: 2 x ½ box steps to the front

Please feel free to contact me if you need any further information.(hirokoinedancing@gmail.com)
(updated: 9/Jan/20)
