

Harder

拍數: 32 牆數: 4 級數: Improver
編舞者: Hiroko Carlsson (AUS) - January 2020
音樂: Harder - Jax Jones & Bebe Rexha : (iTunes)



(Intro -32 counts: Starts on the word "Enough")

[S1] Step-Pivot 1/2L, Rumba Box, Back Rock-Side

1 2 Step R forward, Make a ½ turn left recover weight on L
3&4 Step R to the side, Step L next to R, Step R forward
5&6 Step L to the side, Step R next to L, Step L back
7&8 Rock back on R, Recover weight on L, Step R to the side (6:00)

[S2] Heel-Toe Walk In-Out, Side Rock, Coaster Step

1&2 Fan R heel to R side, Fan R toe to R side, Fan R heel to R side leaning to right side
3&4 Gradually moving weight back to L/ fan R heel to L side, Fan R toe to L side, Fan R heel to the centre weight ends on R foot
5 6 Rock L to left, Recover weight on R
7&8 Step L back, Step R next to L, Step L forward (6:00)

[S3] Fwd, Fwd, Fwd Rock-1/2R, Side Rock, Sailor Step

1 2 Step R forward, Step L forward
3&4 Rock forward on R, Recover weight on L, Make a ½ turn right stepping forward on R
5 6 Rock L to left, Recover weight on R
7&8 Step L behind R, Step R to the side, Step L to the side (12:00)

[S4] Heel-Toe Walk In-Out, Side Rock, Behind, 1/4L

1&2 Fan L heel to L side, Fan L toe to L side, Fan L heel to L side leaning to left side
3&4 Gradually moving weight back to R/ fan L heel to R side, Fan L toe to R side, Fan L heel to the centre weight ends on L foot
5 6 Rock R to right, Recover weight on L
7 8 Step R behind L, Make a ¼ turn left stepping forward on L (9:00)

Repeat

Restart: On Wall 3 count 16 (12:00)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 7/Jan/20)