

# Midland Cha

COPPER KNOB  
STEPPERS

拍數: 32      牆數: 4      級數: Improver  
編舞者: Tina Argyle (UK) - January 2020  
音樂: Put the Hurt on Me - Midland : (Single Download, also on Let It Roll Album)



No Tags No Re-Starts

Count In : 32 counts from start of track approx 19 seconds in

## Side Together Forward, L Shuffle Back.Rock Back, Recover, Shuffle Forward

1,2,3      Step R to right side, close L at side of R, step forward R  
4&5      Step back L, close R at side of L, step back L  
6 -7      Rock back R, recover weight onto L  
8&1      Step forward R, close L at side of R, step forward R

## Step ¼ Turn, Cross Shuffle. Side Rock Recover, Cross, Side, Cross Rock

2 -3      Step forward L, make ¼ turn right onto R (3 o'clock)  
4&5      Cross L over R, step R to right side, cross L over R  
6 -7      Rock R to right side, recover weight onto L  
8 &1      Cross R over L, step L to left side, Cross rock R over L

## Recover, Step Side. Samba Step. Cross, Side, Sailor ¼ Turn

2 -3      Recover weight back onto L, Step R to right side  
4 &5      Cross L over R, Step R in place, Step L to left side  
6 -7      Cross R over L, Step L to left side  
8 &1      Make¼ turn right stepping back R, step L at side of R, Step R in place (6 o'clock)

## Skate Forward x2. Shuffle. ½ Pivot Turn ¼ Chasse

2 -3      Skate forward L then R  
4 &5      Step forward L, Close R at side of L, Step forward L  
6 -7      Step forward R, Make ½ turn left onto L (12 o'clock)  
8&      Make ¼ turn L stepping R to right side, Close L at side of R (9 o'clock)

( 1 ) Step R to right side to start the dance again

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