

拍數: 72 編數: Intermediate

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Cormier (CAN) - October 2019

音樂: 1, 2 Many - Luke Combs & Brooks & Dunn



Intro: 16 counts.

Sequence: 48,72,48,72,56,72,16

[1-8] DWIGHT YOAKAM STEPS, ROCK BACK, RECOVER, TRIPLE STEP to R

1 Swivel heel R to right touching toe R instep L

2 Swivel toe L to right touching heel R diagonaly to right

3 Swivel heel R to right touching toe R instep L

4 Swivel toe L to right touching heel R diagonaly to right

5-6 Cross rock R behind L, recover on L

7&8 Triple step to right with R,L,R

[9-16] ROCK BACK, RECOVER, KICK-BALL-CROSS, 1/4 TURN L and STEP FWD, TOUCH, 1/4 TURN L and STEP SIDE, TOUCH

1-2 Cross rock L behind R, recover on R

3&4 Kick L diagonaly to left, step L back, cross step R over L
5-6 1/4 turn to left and step L forward, touch R together L (9:00)
7-8 1/4 turn to left and step R to right, touch L together R (6:00)

[17-24] ROCK BACK, RECOVER, STEP SIDE, TOUCH, SYNCOPATED MONTEREY TURN, CROSS

1-2 Cross rock L behind R, recover on R

3-4 Step L to left, touch R together L

5-6 Point R to right, 1/2 turn to right and step R together L (12:00)

7&8 Point L to left, step L together R, cross step R over L

[25-32] SIDE TOUCH, TOGETHER TOUCH, SIDE TOUCH, CROSS STEP BEHIND, SIDE TOUCH, TOGETHER TOUCH, SIDE TOUCH, CROSS STEP OVER

1-2 Point L to left, touch L together R
3-4 Point L to left, cross step L behind R
5-6 Point R to right, touch R together L
7-8 Point R to right, cross step R over L

[33-40] KICK, CROSS BEHIND, SIDE, CROSS, 2X (KICK), WEAVE to L

1-2 Kick L forward diagonaly to left, cross step L behind R

3-4 Step R to right, cross step L over R5-6 2 kick R forward diagonaly to right

7&8 Step R behind L, step L to left, cross step R over L

[41-48] ROCK SIDE, RECOVER, WEAVE to R, SIDE, CROSS, KICK-BALL-CROSS

1-2 Rock side L to left, recover on R

3&4 Cross step L behind R, step R to right, cross step L over R

5-6 Step R to right, cross step L over R

7&8 Kick R forward, ball L lightly back, cross step L over R

Restarts:

At the 1st repetition (facing 12:00) do the first 48 counts and restart the dance from the beginning. At the 3rd repetition (facing 6:00) do the first 48 counts and restart the dance from the beginning. At the 5th repetition (facing 6:00) do the first 68 counts and do a pause.

Restart the dance on words No STOCK in me, on word STOCK.

[49-56] ROCK, RECOVER, 2X (SHUFFLE 1/2 TURN R), ROCK BACK, RECOVER

1-2 Rock step R forward, recover on L

3&4 Shuffle in 1/2 turn to right with R,L,R (6:00) 5&6 Shuffle in 1/2 turn to right with L,R,L (12:00)

7-8 Rock back R, recover on L

[57-64] HEEL BOUNCES, TOGETHER, CROSS, SIDE, CROSS ROCK, RECOVER

1 Touch R forward2-4 Raise heel R 3 times

&5-6 Step R together L, cross step L over R, step R to right

7-8 Cross rock L behind R, recover on R

[65-72] 2X (1/4 TURN R), CROSS SHUFFLE, POINT, CROSS, POINT, CROSS

1-2 1/4 turn to right and step L back, 1/4 turn to right and step R to right (6:00)

3&4 Cross shuffle L over R with L,R,L
5-6 Touch R to right, cross step R over L
7-8 Touch L to left, cross step L over R

RESTART FROM THE TOP! - HAVE FUN!