

Keep On Going

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Thomas Haynes (USA) - January 2020
音樂: If You're Going Through Hell (Before the Devil Even Knows) - Rodney Atkins



TOE TOUCHES FRONT AND SIDE, SAILOR SHUFFLE, TOE TOUCHES FRONT AND SIDE, SAILOR SHUFFLE WITH 1/4 TURN LEFT

1-2- Touch right toe forward, touch to right side.
3&4- Sweep right behind left, step left to left, step right to right
5-6- Touch left toe forward, touch to left side.
7&8- Sweep left behind right, turning 1/4 turn left, step right to right, step left to left.

ROCKING CHAIR, WALK FORWARD, SHUFFLE FORWARD

1-2- Rock forward on right, recover on left.
3-4- Rock back on right, recover on left.
5-6- Walk forward right, left
7&8- Shuffle forward RLR

1/4 PIVOT TURN RIGHT (TWICE) SHUFFLE FORWARD, ROCK STEP

1-2- Step ball of left forward, pivot 1/4 turn right.
3-4- Step ball of left forward, pivot 1/4 turn right.
5&6- Shuffle forward LRL
7-8- Rock forward right, recover left.

SIDE ROCK, BEHIND CROSS, SIDE ROCK BEHIND, STEP TURNING 1/4 TURN RIGHT, STEP LEFT.

1-2- Rock right to right side, recover on left.
3&4- Step right behind left, side step left, cross right in front left.
5-6- Rock left to left side, recover right.
7&8- Step left behind right, Step right to right turning 1/4 turn right, step left to left side.

START AGAIN...
