Beauty And The Beast



拍數: 32 編數: 2 級數: Improver

編舞者: Roosamekto Mamek (INA) - January 2020

音樂: Beauty And The Beast (Tale As Old As Time) by Nikki



Intro: 16 count

S1. BACK WITH SWEEP, COASTER STEP CONTINUE FORWARD SHUFFLE, DIAMOND SHAPE 1/4 TURN LEFT

1-2 Step R back sweep L from front to back – Step L back sweep R from front to back

3&4 Step R back – Step L together – Step R forward

&5 Step L together – Step R forward

6&7 Cross L over R – Turn 1/8 left step R to side – Step L back
8& Cross R behind L – Turn 1/8 left step L to side (slightly forward)

S2. FORWARD ROCK, RECOVER, TURN 3/4 LEFT, BASIC NIGHT CLUB

1-2& Rock R forward – Recover on L – Step R together

3-4& Step L forward – Recover on R – Turn 1/2 left step L forward 5-6& Turn 1/4 left step R to side – Rock L behind R – Recover on R

7-8& Step L to side – Rock R behind L – Recover on L

S3. TURN 1/4 RIGHT, WEAVE, BEHIND, SIDE, FORWARD, PIVOT TURN 1/2 RIGHT, FORWARD SHUFFLE OR FULL TURN LEFT

1-2& Turn 1/4 right step R forward – Cross L over – Step R to side

3-4& Cross L behind R sweep R from front to back – Cross R behind L – Step L to side

5-6& Step R forward – Step L forward – Turn 1/2 right

7-8&1 Step L forward – Step R forward – Step L together – Step R forward OPTION: For Intermediate/Advance dancer, you can make a FULL TURN LEFT

8&1 Turn ½ left step R back – Turn ½ left step L forward – Step R forward

S4. FORWARD MAMBO, BACK, SIDE TURN 1/4 LEFT, CROSS, MAMBO CROSS, SWAYS

2&3 Rock L forward – Recover on R – Step L back

4&5 Step R back – Turn 1/4 left step L to side – Cross R over L

6&7 Rock L to side – Recover on R – Cross L over R

8& Step R to side sway body to right – Sway to the left (weight on L)

REPEAT

TAG: End of wall 2 (Facing 12:00)

WALK BACK, COASTER STEP, FORWARD, WALK FORWARD, FORWARD MAMBO, TOGETHER

1-2 Step R back - Step L back

3&4& Step R back - Step L together - Step R forward - Step L forward

5-6 Step R forward - Step L forward

7&8& Rock R forward - Recover on L - Step R back - Step L together

ENDING: On wall 6 dance S.3 until count 3, then do this step

4&5 Cross R behind L make 1/4 turn right – Step L together – Step R forward (Pose)

For more info about step sheet & song, please contact:

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Last Update - 3 Jan. 2020