

# Memories Over Lifetime

**COPPER KNOB**  
STEPPSHEETS

拍數: 48      牆數: 4      級數: Improver  
編舞者: Ping Chen (CN) & Queen (CN) - January 2020  
音樂: Yi Nian Yi Sheng (一念一生) - Li Jian (李健)



(Intro: 48 counts)

RESTART: The end of 36 counts at wall 6、 8

**Sec1 : 1-6 SLIDE L, ROCK, RECOVER, SLIDE R, ROCK, RECOVER 12:00**

123            Slide L to L, Rock R back, Recover to L, 12:00  
456            Slide R to R, Rock L back, Recover to R, 12:00

**Sec2 : 7-12 THREE STEP FULL TURN, TWINKLE L (1:30)**

123            Turn 1/4 L step L forward, Turn 1/2 L step R back, Turn 1/4 L step L to L side, 12:00  
456            Cross R over L, step L to L, Turn 1/8 R step R forward, 1:30

RESTART: The end of 36 counts At wall 6、 8 ( 12:00 )

**Sec3 : 13-18 FORWARD, KICK, FLICK, FORWARD, 1/2 PIVOT R 7:30**

123            Step L forward, Kick R forward, Flick R cross over L, 1:30  
456            Step R forward, Step L forward, Turn 1/2 R weight to R, 7:30

**Sec4 : 19-24 FORWARD, 1/2, 1/2, 3/8 RONDE 12:00**

123            Step L forward, Turn 1/2 L step R back, Turn 1/2 L step L forward , 7:30  
456            Step R forward, Sweep L from back to front and turn 3/8 R(2 counts) 12:00

**Sec5 : 25-30 TWINKLE R, TWINKLE L 12:00**

123            Cross L over R, Step R to R, Step L to L, 12:00  
456            Cross R over L, step L to L, Step R to R, 12:00

**Sec6 : 31-36 1/4 TWINKLE, BASIC STEP 9:00**

123            Cross L over R, Turn 1/4 L step R next to L, Step L to place, 9:00  
456            Step R back, Step L next to R, Step R to place 9:00

**Sec7 : 37-42 HALF DIAMOND 6:00**

123            Step L forward, Turn 1/8 L step R back, Step L back 7:30  
456            Step R back, Turn 1/8 L step L to L, Step R forward 6:00

**Sec8 : 43-48 HALF DIAMOND 3:00**

123            Step L forward, Turn 1/8 L step R back, Step L back 4:30  
456            Step R back, Turn 1/8 L step L to L, Step R forward 3:00 Have fun!

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