

# Normal People

拍數: 32      牆數: 2      級數: Improver  
編舞者: Karen Holtom (UK) - December 2019  
音樂: Normal People - Chris Janson : (iTunes, amazon)



**\*Restart with step change on Wall 3**

**Intro: 20 counts, start on vocals**

## **SECT 1: ROCK RECOVER, BALL, ROCK RECOVER HOOK x 2**

1, 2            Rock forward on R, Recover on L  
&3, 4        Step onto ball of R foot, Rock forward on L, Recover on R hooking L in front of R  
5, 6        Rock forward on L, Recover on R  
&7, 8        Step onto ball of L foot, Rock forward on R, Recover on L hooking R in front of L (12)

## **SECT 2: ROCK RECOVER, SHUFFLE ¼ R, CROSS, ¼, ¼ ROCK & CROSS**

1, 2            Rock forward on R, Recover on L  
3 & 4        Turning ¼ R stepping R to R side, step L next to R, step R to R side (3)  
5, 6        Cross L over R, Turning ¼ L step back on R (12)  
7& 8        Turning ¼ L rock L to L side, recover on R, Cross L over R (9) \*

## **SECT 3: SIDE TOGETHER, ROCK & CROSS, ¼, ½, SHUFFLE FORWARD**

1, 2            Step R to R side, Step L next to R  
3 & 4        Rock R to R side, Recover on L, Cross R over L  
5, 6        Turn ¼ R stepping back on L, Turn ½ R stepping forward on R (6)  
7 & 8        Step forward on L, step R next to L, step forward on L

## **SECT 4: ROCK RECOVER, BALL STEP, BACK, BACK, TOE ½ TURN, STEP ½ TURN**

1, 2&        Rock forward on R, recover on L, step ball of R next to L  
3, 4        Step back on L, Step back on R  
5, 6        Touch L toe behind R, pivot ½ turn L (weight on L) (12)  
7, 8        Step forward on R, pivot ½ turn L (6)

**\*RESTART ON WALL 3, WITH STEP CHANGE (Starts facing 12, restart facing 6)**

## **SECT 2: ROCK RECOVER, SHUFFLE ¼ R, CROSS, ¼, ½, TOUCH**

1, 2            Rock forward on R, Recover on L  
3 & 4        Turning ¼ R stepping R to R side, step L next to R, step R to R side  
5, 6        Cross L over R, Turning ¼ L step back on R  
7, 8        Turn ½ L stepping forward on L, Touch R next to L