Normal People



編舞者: Karen Holtom (UK) - December 2019

音樂: Normal People - Chris Janson : (iTunes, amazon)



*Restart with step change on Wall 3

Intro: 20 counts, start on vocals

SECT 1: ROCK RECOVER, BALL, ROCK RECOVER HOOK x 2

1, 2	Rock forward on R, Recover on L
1, ∠	Nock lorward off ix, Necover off L

&3, 4 Step onto ball of R foot, Rock forward on L, Recover on R hooking L in front of R

5, 6 Rock forward on L, Recover on R

&7, 8 Step onto ball of L foot, Rock forward on R, Recover on L hooking R in front of L (12)

SECT 2: ROCK RECOVER, SHUFFLE 1/4 R, CROSS, 1/4, 1/4 ROCK & CROSS

1,	2	Rock	forward	on R.	Recover	on L

3 & 4 Turning ¼ R stepping R to R side, step L next to R, step R to R side (3)

5, 6 Cross L over R, Turning ¼ L step back on R (12)

7& 8 Turning ¼ L rock L to L side, recover on R, Cross L over R (9) *

SECT 3: SIDE TOGETHER, ROCK & CROSS, 1/4, 1/2, SHUFFLE FORWARD

1. 2	Step R to R side. Step L next	t to P
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3 & 4 Rock R to R side, Recover on L, Cross R over L

5, 6 Turn ½ R stepping back on L, Turn ½ R stepping forward on R (6)

7 & 8 Step forward on L, step R next to L, step forward on L

SECT 4: ROCK RECOVER, BALL STEP, BACK, BACK, TOE ½ TURN, STEP ½ TURN

1, 2& Rock forward on R, recover on L, step ball of R next to L

3, 4 Step back on L, Step back on R

5, 6 Touch L toe behind R, pivot ½ turn L (weight on L) (12)

7, 8 Step forward on R, pivot ½ turn L (6)

*RESTART ON WALL 3, WITH STEP CHANGE (Starts facing 12, restart facing 6)

SECT 2: ROCK RECOVER, SHUFFLE 1/4 R, CROSS, 1/4, 1/2, TOUCH

1, 2	Rock forward on R, Recover on L
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3 & 4 Turning ¼ R stepping R to R side, step L next to R, step R to R side

5, 6 Cross L over R, Turning ¼ L step back on R

7, 8 Turn ½ L stepping forward on L, Touch R next to L