

Mambo Rudolph

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 2 級數: Improver
編舞者: Anthony Kusanagi (INA) - December 2019
音樂: Rudolph, The Red Nosed Reindeer - Grupo Bailar : (Album: Mambo Christmas)



Start dancing on Vocal. (No Tag, No Restart)

HALF RUMBA BOX – FORWARD RUN – FORWARD MAMBO – BACKWARD SLIDE – DRAG

1&2 R steps to right, L steps next to R, R steps forward
3&4 Run forward on L, R, L
5&6 R steps forward, recover to L, R steps backward
7-8 turn 1/8 to right then L slides to left side (10.30), R drags next to L on toe

SIDE MAMBO CROSS – SIDE MAMBO CROSS – BACKWARD RUN – COASTER STEP

1&2 turn 1/8 to right then R steps to right side (12.00), recover to L, R cross in front of L
3&4 L steps to left side, recover to R, L cross in front of R
5&6 run backward on R, L, R
7&8 L steps backward, R steps next to R, L step forward

PIVOT ¼ CROSS – SIDE TOUCH – CROSS – SIDE TOUCH – HIP BUMPS TO SIDE

1&2 R steps forward, turn ¼ to left then recover to L (09.00), R cross over L
3&4 L touches to left side on toe, L cross in front of R, R touches to right side on toe
5&6 R hip bumps to right side, recover to L, recover to R with hipbumping to side
7&8 L hip bumps to left side, recover to R, recover to L with hipbumping to side

PIVOT ½ - FLICKS FORWARD – PIVOT ¼ CROSS – TWIST

1&2 R steps forward, turn ½ to left then recover to L (03.00), R steps forward
3&4& L flicks forward, L steps next to R, R flicks forward, R steps next to L
5&6 L steps forward, turn ¼ to right then R steps slightly to right side (06.00), L cross over R
7&8& R steps next to L then twist both legs to right, left, right, left

For more information, kindly contact me on:
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