

The First Time

拍數: 48 牆數: 4 級數: Improver waltz
編舞者: Bev Bickhoff (AUS) & Jo Rosenblatt (AUS) - December 2019
音樂: You're the First Time I've Thought About Leaving - Reba McEntire : (Album:
Reba # 1's)



Start: 24 Count Intro, Start on Lyrics, Weight on right

[1-6] Forward, Slow Kick, Back, ¼ Turn, Together

1 2 3 Step L forward, Kick R forward (for 2 counts)
4 5 6 Step R back, Turning 90° left step L to left, Step R together (9)

[7-12] Forward, Slow Kick, Back, ¼ Turn, Together

1 2 3 Step L forward, Kick R forward (for 2 counts)
4 5 6 Step R back, Turning 90° left step L to left, Step R (6)

[13-18] Cross, Rock, Side, Cross, Rock, ¼ Turn

1 2 3 Cross L over right, Rock/Recover onto R, Step L to left
4 5 6 ## Cross R over left, Rock/Recover onto L, Turn 90° right step R forward (9)

[19-24] Forward, Rock, ¼ Turn , Basic Waltz Forward

1 2 3 Step L forward, Recover onto R, Turn 90° left step L to left (6)
4 5 6 Step R forward, Step L beside right, Step R together

[25-30] Back, Touch, Kick, Back, Tap, Tap

1 2 3 Step L back on left diagonal, Touch R beside left, Kick R forward
4 5 6 Step R back on right diagonal, Tap L beside right, Tap L beside right

[31-36] Half Turn Waltz, Half Turn Waltz

1 2 3 Step L forward, Turn 180° left step R beside left, Step L together (12)
4 5 6 Step R back, Turn 180° left step L beside right, Step R together (6)

[37-42] Forward, Point, Hold, Back, Lock, Back

1 2 3 Step L forward, Point R toe to right, Hold
4 5 6 Step R back, Step L across right, Step R back

[43-48] Back Mambo, Step, ¼ Turn Slow Sweep

1 2 3 Step L back, Rock/Recover forward onto R, Step L forward
4 5 6 Step R Forward, Turning 90° right sweep L around over 2 counts (9)

RESTART: Wall 3: Dance to Count 18 ## and restart facing 3 o'clock.

FINISH: Wall 6: Dance to Count 15, turn 90° left and step forward on L to finish at the front wall.

Free to be copied provided no changes are made to the original choreography.

Bev Bickhoff 0428 822389 kevandbev@gmail.com Jo Rosenblatt 0417 074218 erolandjo@bigpond.com