

# Mama & Daddy

拍數: 64      牆數: 4      級數: Easy Intermediate  
編舞者: Francien Sittrop (NL) - December 2019  
音樂: Mama & Daddy - Dallas Moore



Intro : Start after 16 counts

**[1 – 8] Vine R with touch, Vine L with touch**

1 – 4      Step R to R side, Step L behind R, Step R to R side, Touch L next to R  
5 – 8      Step L to L side, Step R behind L, Step L to L side, Touch R next to L

**[9-16] Heel steps , Back, Back, Heel, Hook, Heel , Hitch**

1 – 4      Step R Heel fwd, Step L Heel fwd, Step R back, Step L back  
5 – 8      Touch R Heel fwd, Hook R across L, Touch R Heel fwd, Hitch R

**[17-24] Lock steps back with kick x2**

1 – 4      Step R back, Lock L across R, Step R back, Kick L fwd  
5 – 8      Step L back, Lock R across L, Step L back, Kick R fwd

**[25-32] Coaster Step, Hold, Step fwd, ¼ Turn R, Step together, Hold**

1 – 4      Step R back, Step L next to R, Step R fwd , Hold  
5 – 8      Step L fwd, Pivot ¼ Turn R , Step L next to R, Hold (03.00)

**[33-40] Heel/Toe swivels R, Clap, Heel /Toe Swivels L, Clap**

1 – 4      Swivel Heels R, Swivel Toes R, Swivel Heels R, Clap  
5 – 8      Swivel Heels L, Swivel Toes L, Swivel Heels L, Clap

**[41-48] Monterey Turns ¼ R x2**

1 – 4      Touch R to R side, ¼ Turn R step R next to L, Touch L to L side, Step L next to R (06.00)  
5 – 8      Touch R to R side, ¼ Turn R step R next to L, Touch L to L side, Step L next to R (09.00)

**[49-56] Lock Step fwd with Scuff x2**

1 – 4      Step R fwd, Lock L behind R, Step R fwd, Scuff L fwd  
5 – 8      Step L fwd, Lock R behind L, Step L fwd, Scuff R fwd

**[57-64] Rocking Chair, Step fwd, Pivot ½ L, Stomp , Stomp**

1 – 4      Rock R fwd, recover on L, Rock R back, Recover on L  
5 – 8      Step R fwd, Pivot ½ L, Stomp R fwd, Stomp L next to R (03.00)

**Tag: after walls 1,2,3,4,5:**

1 – 4      Swivel Both Heels R,L,R,L ( Or you can Bump Hips )

Website : [www.franciensittrop.nl](http://www.franciensittrop.nl)