

Mama & Daddy

拍數: 64 牆數: 4 級數: Easy Intermediate
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音樂: Mama & Daddy - Dallas Moore



Intro : Start after 16 counts

[1 – 8] Vine R with touch, Vine L with touch

1 – 4 Step R to R side, Step L behind R, Step R to R side, Touch L next to R
5 – 8 Step L to L side, Step R behind L, Step L to L side, Touch R next to L

[9-16] Heel steps , Back, Back, Heel, Hook, Heel , Hitch

1 – 4 Step R Heel fwd, Step L Heel fwd, Step R back, Step L back
5 – 8 Touch R Heel fwd, Hook R across L, Touch R Heel fwd, Hitch R

[17-24] Lock steps back with kick x2

1 – 4 Step R back, Lock L across R, Step R back, Kick L fwd
5 – 8 Step L back, Lock R across L, Step L back, Kick R fwd

[25-32] Coaster Step, Hold, Step fwd, ¼ Turn R, Step together, Hold

1 – 4 Step R back, Step L next to R, Step R fwd , Hold
5 – 8 Step L fwd, Pivot ¼ Turn R , Step L next to R, Hold (03.00)

[33-40] Heel/Toe swivels R, Clap, Heel /Toe Swivels L, Clap

1 – 4 Swivel Heels R, Swivel Toes R, Swivel Heels R, Clap
5 – 8 Swivel Heels L, Swivel Toes L, Swivel Heels L, Clap

[41-48] Monterey Turns ¼ R x2

1 – 4 Touch R to R side, ¼ Turn R step R next to L, Touch L to L side, Step L next to R (06.00)
5 – 8 Touch R to R side, ¼ Turn R step R next to L, Touch L to L side, Step L next to R (09.00)

[49-56] Lock Step fwd with Scuff x2

1 – 4 Step R fwd, Lock L behind R, Step R fwd, Scuff L fwd
5 – 8 Step L fwd, Lock R behind L, Step L fwd, Scuff R fwd

[57-64] Rocking Chair, Step fwd, Pivot ½ L, Stomp , Stomp

1 – 4 Rock R fwd, recover on L, Rock R back, Recover on L
5 – 8 Step R fwd, Pivot ½ L, Stomp R fwd, Stomp L next to R (03.00)

Tag: after walls 1,2,3,4,5:

1 – 4 Swivel Both Heels R,L,R,L (Or you can Bump Hips)

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