

# A Swing To Quit

**COPPER** **KNOB**  
BY STEPHEN

拍數: 32      牆數: 2      級數: Easy Intermediate  
編舞者: Fabian Müller (CH) - December 2019  
音樂: Whole Lotta Quit - Randy Houser



## Sect 1 SIDE TRIPLE STEP, ROCK BACK, RECOVER, SIDE TRIPLE STEP, TOUCH WITH HIP

1 & 2      Step side R – Close L next to R – Step side R  
3 – 4      Rock step back L – Recover on R  
5 & 6      Step side L – Close R next to L – Step side L  
7 – 8      Touch R next to L and lift hip on right side – Set hip to neutral position

## Sect 2 SIDE, TOGETHER, STEP FORWARD, ROCK, STEP, RECOVER, ½ SHUFFLE TURN, HEEL, TOE

1 & 2      Step side R – Close L next to R – Step forward R  
3 – 4      Rock forward L – Recover on R  
5 & 6      ¼ Turn left step side L – Close R next to L – ¼ Turn left step forward L  
7 – 8      Touch R heel in front – Touch R toe back

## Sect 3 TOE STRUT, TOE STRUT, KICK BALL CHANGE, KICK BALL TOUCH

1 - 2      Touch R toe forward – Put weight on R foot  
3 – 4      Touch L toe forward – Put weight on L foot  
5 & 6      Kick R forward – Step on ball of R – Step L next to R  
7 & 8      Kick R forward – Step on ball of R – Touch L next to R

Restart in 12th wall, replace count 7 with step forward and wait until the music starts playing again

## Sect 4 SIDE, HOLD, TOGETHER, SIDE, HOLD, TOGETHER, SIDE ROCK, RECOVER, CROSS, TOUCH

1 – 2 &      Side step L – Hold – Step R next to L  
3 – 4 &      Side step L – Hold – Step R next to L  
5 – 6      Side rock step L – Recover R  
7 – 8      Cross L in front of R – Touch R next to L

Tag after 2nd and 6th wall

### Sect 3 SWAY 2X

1 - 2      Step side R and push hip to right – Hold  
3 – 4      Step side L and push hip to left – Hold

Ending Replace Sect 4 Counts 5 – 8

### SIDE ROCK, ¼ TURN RECOVER, ¼ TURN

5 – 6      Side rock step L – ¼ Turn right Recover R  
7 – 8      ¼ Turn right and step side L - Finish

Enjoy the dance!

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