

I Don't Wanna Be A One Man Band

COPPER KNOB
STEPSHEETS

拍數: 28 牆數: 4 級數: Beginner / Improver
編舞者: Step5678 (USA) - December 2019
音樂: One Man Band - Old Dominion



Intro: 16 Counts Restart: On Wall 3 After 16 Counts Tag: After Wall 6

Sec 1: Progressive Fwd Rumba Box, ½ Left Pivot Turn, Full Left Triple Turn

1&2 Step R to right (1), Step L next to R (&), Step R fwd (2)
3&4 Step L to left (3), Step R next to L (&), Step L fwd (4)
5-6 Step R fwd (5), Pivot ½ turn left (weight on L) (6)
7&8 Step R to right - ¼ left (7), Step L to left - ½ left (&), Step R fwd - ¼ left (8)

Sec 2: Syncopated Press Fwd /Rec (L&R), ¼ Right Pivot Turn, Crossing Triple (L)

1-2& Rock L fwd as you press into floor (1), Recover weight on R (2), Step L next to R (&)
3-4& Rock R fwd as you press into floor (3), Recover weight on L (4), Step R next to L (&)
5-6 Step L fwd (5), Pivot ¼ turn right (weight on R) (6)
7&8 Cross L over R (7), Step R to right (&), Cross L over R (8)

*****Restart Here On Wall 3*****

Sec 3: Side Step With Touch (R&L), Side-Together-Side-Touch, Side Step With Touch (L&R), Side-Together-Side

1&2& Step R to right (1), Touch L next to R (&), Step L to left (2), Touch R next to L (&)
3&4& Step R to right (3), Step L next to R (&), Step R to right (4), Touch L next to R (&)
5&6& Step L to left (5), Touch R next to L (&), Step R to right (6), Touch L next to R (&)
7&8 Step L to left (7), Step R next to L (&), Step L to left (8)

Sec 4: Jazz Box (R)

1-2 Step R over L (1), Step L back (2)
3-4 Step R to right (3), Cross L over R (4)

TAG: Sway (R&L).....(After Wall 6)

1-2 Slow sway to right over 2 counts
3-4 Slow sway to left over 2 counts

Let's Dance!!!

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