

# My Old Friend the Blues

拍數: 32                      牆數: 1                      級數: Novice - Country  
編舞者: Tjwan Oei (NL) - December 2019  
音樂: My old friend the blues by Ricky Koole & Ocoabar



Alternative : By Janie Fricke - Patty Loveless – Darcy Mazerolle

Start the dance on lyrics ,.....Just when every ray .....

**S01 Slide to right side – Step together – Vine to right side – Slide to right side – Step ¼ turn left back – Rock back - Recover - Walk forward ( R – L )**

1&2&                      RF. slide to right side – LF. step together – RF. step to right side - LF. step behind RF.  
3-4-5&                      RF. step to right side – LF. cross over RF. – RF. slide to right side – LF. step ¼ turn left back  
                                    [9]  
&6-7-8                      RF. rock back – Recover weight onto LF. - Walk forward ( R - L )

**S02 Step to right side – Step together – Left cross chasse – Step to left side – Step ¼ turn right back – Coaster step**

1-2-3&4                      RF. step to right side – LF. step together - RF.cross over LF. - LF. step to left - RF. cross over LF.  
5-6-7&8                      LF. step to left side – RF. step 1/4 turn right back - LF. step back - RF. step together - LF. step forward [12]

**S03 Slide to right side – Step together – Behind – Side – Cross – Step ¼ turn right back - Back - Step forward - Lock behind - Step forward**

1-2-3&4                      RF. slide to right side - LF. step together - RF. step behind LF. – LF. step to left side - RF. cross over LF.  
5-6-7&8                      LF. step ¼ turn right back - RF. step back - LF. step fwd. - RF. lock behind LF. - LF. step fwd. [3]

**S04 Cross over – Step back – Step back – Cross over – Slide to right side – Step ¼ turn left back – Rock back - Recover - Walk forward ( R - L )**

1-2-3-4                      RF. cross over LF. - LF. step back - RF. step back - LF. cross over RF.  
5&6&                      RF. slide to right side – LF. step ¼ turn left back - RF. rock back - Recover weight onto LF. [12]  
7-8                      Walk forward ( R – L )

Ending : Dance Section 03 and 04 till the music end .....