

# My Bar

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Kate Sala (UK) - December 2019  
音樂: My Bar - Lauren Jenkins



Intro: 16 counts.

## Kick, Step Back, Mambo Step, Step Pivot 1/2 Turn Left, Walk Forward R, L.

1 2      Kick R forward. Step back on R.  
3 & 4      Rock back on L. Recover on to R. Step forward on L. (Restart from here during wall 3)  
5 6      Step forward on R. Pivot 1/2 turn left.  
7 8      Walk forward on R, L. 6:00

## Step Pivot 1/2 Turn Step, Forward Lock Step, Cross, Point, Weave Right.

1 & 2      Step forward on R. Pivot 1/2 turn left. Step forward on R. 12:00  
3 & 4      Step forward on L. Lock step R behind L. Step forward on L.  
5 6      Cross step R over L. Point L to left side.  
7 & 8      Cross step L behind R. Step R to right side. Cross step L over R.

## Tap Out, In, Out, Weave Left, Reverse Rumba Box.

1 & 2      Point R toe to right side. Touch R toe next to L instep. Point R toe to right side.  
3 & 4      Cross step R behind L. Step L to left side. Cross step R over L.  
5 & 6      Step L out to left side. Step R next to L. Step back on L.  
7 & 8      Step R out to right side. Step L next to R. Step forward on R.

## Jazz Box 1/4 Turn Left, Clap, Step Forward, Clap, Back Lock Step, Kick Ball Step.

1 2 3&      Cross step L over R. Turn 1/4 left stepping back on R. Step L out to left side. Clap. 9:00  
4 &      Step forward on R. Clap.  
5 & 6      Step back on L, Lock step R over L. Step back on L.  
7 & 8      Kick R forward. Step down on ball of R. Step forward on L.

## Start Again

Restart: During wall 3 facing back wall, Restart after count 4.

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