

Getting Good

拍數: 32 牆數: 4 級數: Improver
編舞者: John "Tiki" Tacker (DE) & Adel Tacker (DE) - December 2019
音樂: Getting Good - Lauren Alaina



Intro: 4 (No Tag & Restarts)

[1-8]: R-L WALK, Right SHUFFLE ½ TURN, Left Back ROCK STEP, Left MAMBO CROSS.

- 1 Step right forward
- 2 Step left forward
- 3 ¼ turn left, step right to right side
- & Step left beside right foot
- 4 ¼ turn left, step right back (6:00)
- 5 Step left back
- 6 Recover weight on right foot
- 7 Step left to left side
- & Recover weight on right foot
- 8 Cross left over right

[9-16]: Left HINGE TURN, Right CROSS SIDE MAMBO, Left CROSS ROCK, Left SHUFFLE ¼ TURN.

- 1 ¼ turn left, step right back
- 2 ¼ turn left, step left to left side (12:00)
- 3 Cross right over left
- & Recover weight on left
- 4 Step right to right side
- 5 Cross left over right
- 6 Recover weight on right
- 7 Step left to left side
- & Step right beside left foot
- 8 ¼ turn left, step left forward (9:00)

[17-24]: Right ROCK STEP, COASTER STEP, Left CROSS, ¼ TURN & BACK, Left SIDE, CROSS, POINT.

- 1 Step right forward
- 2 Recover weight on left foot
- 3 Step right back
- & Step left back, beside right foot
- 4 Step right forward
- 5 Cross left over right
- 6 ¼ turn left, step right back (6:00)
- 7 Step left to left side
- & Cross right over left
- 8 Touch left toe to left side

[25-32]: Left SAMBA STEP, Right CROSS, ¼ TURN & BACK, SIDE, Left ROCK STEP, COASTER STEP.

- 1 Cross left over right foot
- & Step right to right side
- 2 Recover weight on left foot
- 3 Cross right over left foot
- & ¼ turn right, step left back (9:00)
- 4 Step right to right side
- 5 Step left forward
- 6 Recover weight on right foot

- 7 Step left back
- & Step right back, beside left foot
- 8 Step left forward

START AGAIN
