

No Me Llores

拍數: 32 牆數: 4 級數: Improver
編舞者: Antoinette Claassens (NL) & Marian van der Heijden (NL) - December 2019
音樂: No Me Llores (feat. Antonio Martín) - David Jimenez & Sandra Acal



Intro: 16 Counts

Sec 1: Step R Diagonal fwd, Step L Diagonal fwd, Back Shuffle, Step L Diagonal Back, Step R Diagonal Back, Shuffle fwd

1-2 RF. Step diagonal R fwd - LF. Step Diagonal L fwd
3&4 RF. Step back - LF. Step together - RF. Step back
5-6 LF. Step diagonal L back - RF. Step diagonal R back
7&8 LF. Step fwd - RF. Step together - LF. Step fwd

Sec 2: Mambo fwd, Back Mambo, Rock fwd, Recover, 1/2 Turn R, Left Shuffle

1&2 RF. Rock fwd - LF. Recover - RF. Step back
3&4 LF. Back rock - RF. Recover - LF. Step fwd
5&6 RF. Rock fwd - LF. Recover - RF. 1/2 Turn R step fwd (6:00)
7&8 LF. Step fwd - RF. Step together - LF. Step fwd

Sec 3: Big Step to R Side, Cross Rock, Recover, Side, Behind-Side-Cross, Side, Cross Rock, Recover, 1/4 Shuffle

1-2& RF. Big step to R side - LF. Cross rock behind RF - RF. Recover
3&4&5 LF. Step side - RF. Cross behind LF - LF. Step side - RF. Cross over LF - LF. Step side
6& RF. Rock crossed behind LF - LF. Recover
7&8 RF. 1/4 Turn R step fwd - LF. Step together - RF. Step fwd (9:00)

Sec 4: Mambo fwd, Back Mambo, Touch fwd, Step Back x4

1&2 LF. Rock fwd - RF. Recover - LF. Step beside RF
3&4 RF. Back rock - LF. Recover - RF. Step beside LF
5&6& LF. Touch toe fwd - LF. Step back - RF. Touch toe fwd - RF. Step back
7&8& LF. Touch toe fwd - LF. Step back - RF. Touch toe fwd - RF. Touch toe beside LF

On wall 5: Restart after 16 counts

www.theparkviewdancers.nl

The Fun Line Dancers

E-mail: rokske272@kpnmail.nl / m.vd.heijden@ziggo.nl