

Dance For Me One More Time

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Improver
編舞者: Michael Richardson (USA) - December 2019
音樂: Dance Monkey - Tones And I : (Album: The Kids are Coming - EP)



Intro – 16 counts

[1-8] Walk X2, Anchor Step, Back/Sweep X2, ½ Turn X2

1-2 Walk forward RL
3&4 Lock R behind L, Step onto L, Step slightly back on R
5 Step back on L sweeping R from front to back
6 Step back on R sweeping L from front to back
7 Step forward on L turning ½ to left [6:00]
8 Step back on R turning ½ to left [12:00]

[9-16] Behind/Side/Cross, Ball, Back Rock/Recover, Side/Behind/Side, Ball, Press/Recover

1&2 Step L behind R, Step R to right side, Cross L over R
& Step on R ball
3-4 Rock L behind R, Recover R
5&6 Step L to left side, Step R behind L, Step L to left side
& Step on R ball crossing over L
7-8 Press L to left diagonal, Recover R

[17-24] 3/8 Backward Chug X2, Sailor Step, Step/Lock/Step, Step/Lock, Out/Out

1-2 Paddle L turning 3/8 turn left X2 (total ¾ turn) [3:00]
3&4 Step L behind R, Step R to right side, Step L next to R
5&6 Toward right diagonal, Step R forward, Lock L behind R, Step R forward
&7 Toward left diagonal, Step L forward, Lock R behind L,
&8 Squaring up, Step L forward and out, Step R forward and out

[25-32] ½ Pivot, Triple Forward, ½ Pivot, Half Turn X2

1-2 Step L forward, Pivot ½ over right shoulder shifting weight to R [9:00]
3&4 Triple forward LRL
5-6 Step R forward, Pivot ½ over left shoulder shifting weight to L [3:00]
7-8 Step backward on R turning ½ left, Step forward on L turning ½ left [3:00]

Have fun!

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