

They Were Doing The Mambo

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 1 級數: Absolute Beginner
編舞者: Jamie Marshall (USA) - December 2019
音樂: They Were Doing the Mambo - Joe Liggins



A. MAMBO SIDE R, MAMBO SIDE L

1,2,3,4 Rock R to R (1), Recover onto L (2), Step R next to L (3), Hold (4)
5,6,7,8 Rock L to L (5), Recover onto R (6), Step L next to R (7), Hold (8)

B. STEP, LOCK, STEP, HOLD, MAMBO L FORWARD

1,2,3,4 Step R forward (1), Lock L behind R (2), Step R forward (3), Hold (4)
5,6,7,8 Rock L forward (5), Recover onto R (6), Step L next to R (7), Hold (8)

C. STEP, LOCK, STEP, HOLD, MAMBO L BACK

1,2,3,4 Step R back (1), Cross L over R (2), Step R back (3), Hold (4)
5,6,7,8 Rock L back (5), Recover onto R (6), Step L next to R (7), Hold (8)

D. STEP OUT, STEP OUT, BUMP R,L,R,L

1,2,3,4 Step R to R (1), Hold (2), Step L to L (3), Hold (4)
5,6,7,8 Bump hips R (5), L (6), R (7), L (8)

Begin Again!

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