

My Snowman and Me

COPPER KNOB
BY STEPHENETS

拍數: 32 牆數: 4 級數: Intermediate - Rolling 8 Count
編舞者: Nina Skyrud (NOR) - December 2019
音樂: Snowman - Sia



Start the dance when she sings «snowman».

Restart: On wall 3 after 24 count. Note: There is a step change before the restart!

Section 1: Side & Kick, Weave Left, Kick, Weave Right, Sway R-L, Basic NC.

- 1,2&a Angle body to the left diagonal, Step right foot to the right side & Kick left foot to the left side (1), Step left foot to the left side (2); Cross right foot over left (&); Angle body to the right diagonal, Step left foot to the left side (a);
- 3,4&a Kick right foot to the right side (3); Step right foot to the right side (4); Cross left foot over right (&); Step right foot to the right side (a);
- 5,6 Sway to the right (5); Sway to the left (6);
- 7,8a Step right foot a long step to the right side (7); Cross left foot slightly behind right (8); Cross right foot over left (a).

Section 2: Side & Spiral Turn, Run forward x2, Step & Push, Run back x2, Back with sweep, Cross behind, Side, ½ Turn x2.

- 1,2a Step left foot to the left side & swivel 5/8 Turn right ending with the right foot in touch position across left facing the diagonal (1) [7:30]; Release right foot and run forward: Right foot (2); Left foot (a);
- 3,4a Step right foot forward and push (3); Run back: Left foot (4); Right foot (a);
- 5 Step left foot back sweeping right foot CW (5);
- 6a Cross right foot behind left (6); Straighten up to the back wall and step right foot to the right side (a) [6:00];
- 7a Step right foot forward (7); Make a ½ turn and put weight onto left foot (a);
- 8a Step right foot forward (8); Make a ½ turn and put weight onto left foot (a).

Section 3: Half Diamond, Cross, ¼ Turn, ¼ Turn, Point, ¼ Turn, Full Trippel Turn.

- 1,2a Make a ⅛ Turn left and, on the diagonal, step right foot forward (1) [4:30], Step left foot forward (2), Turn ⅛ left and step right foot to the right side (a) [3:00];
- 3,4a Turn ⅛ left and step left foot back (3) [1:30]; Step right foot back (4), Turn ⅛ left and step left foot to the left side (a) [12:00].
- 5,6a Cross right foot over left (5); Turn ¼ turn right stepping back on left foot (6) [3:00]; Turn ¼ right stepping right foot to the right side (a) [6:00];
- 7 Point left foot to the left side (7);
- 8&a Turn ¼ turn left stepping down on left foot (8) [3:00]; Turn ½ turn left stepping right foot back (&) [9:00]; Turn ½ turn left stepping left foot forward (a) [3:00].

*WALL 3: Replace count 8&a with:

- 8&a Hold (8&); Cross left foot over right (a). (You will be facing the front wall)

Restart!

Section 4: Slow ½ Chase Turn, Push, Run back x2, Back with sweep x2, Weave Right.

- 1,2,3 Step right foot forward (1); Make ½ Turn left stepping left foot forward (2); Step right foot forward and push (3) [9:00];
- 4a Run back: Left foot (4); Right foot (a);
- 5,6 Step left foot back sweeping right CW (5); Step right foot back sweeping left CCW (6);
- 7,a8 Cross left foot behind right (7); Step right foot to the right side (a); Cross left foot over right (8).

Contact: ninasky@online.no

