

Motel Flamingo (Off Exit 139)

COPPERKNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Val Saari (CAN) - December 2019
音樂: Motel Flamingo - Madeline Merlo



HIP ROLL/BUMP RL, SYNCOPATED OUT-OUT-IN-IN

- 1&2 With knees bent, RF step forward rolling hips forward in a circle clockwise, Bump hips R (2).
Weight will be on RF
- 3&4 LF step forward rolling hips forward in a circle counterclockwise, Bump hips L (4) Weight will
be on LF
- &5-6 Step RF diagonally R back(&), Step LF left (5), clap (6)
- &7-8 Step LF right(&), Step RF together (7), clap (8)

SHUFFLE FWD RLR, REVERSE COASTER, SHUFFLE BACK, RLR, COASTER STEP PIVOT 1/4 L

- 1&2 Shuffle forward RLR
- 3&4 Step LF forward, Step RF beside L, Step LF back
- 5&6 Shuffle back RLR
- 7&8 Step LF back 1/4 pivot L, Step RF beside L, Step LF forward

R SUGARFOOT, COASTER STEP, L SUGARFOOT, COASTER STEP

- 1-2 Turn RF toes in toward L instep and touch twice, turn RF heel in toward L instep and scuff
lifting foot up and back for the coaster step
- 3&4 Step RF back, Step LF together, Step RF forward
- 5-6 Turn LF toes in toward R instep and touch twice, turn LF heel in toward R instep and scuff
lifting foot up and back for the coaster step
- 7&8 Step LF back, Step RF together, Step LF forward

SIDE TOUCH/CROSS-HITCH/SIDE TOUCH, REVERSE GRAPEVINE X 2 (RL)

- 1&2 RF touch right, Hitch R knee across L, RF touch right
- 3&4 Cross RF behind L, LF step left, RF step across L
- 5&6 LF touch left, Hitch L knee across R, LF touch left
- 7&8 Cross LF behind R, RF step right, LF step across R

REPEAT

No tags, no restarts

Email: valeriesaari@icloud.com

Phone: 1-905-246-5027