

Take Down

拍數: 32 牆數: 4 級數: Improver
編舞者: Dwight Meessen (NL) - December 2019
音樂: Take Down - Rayelle : (Single)



Intro 16 counts

Stomp, Fwd-Toe Fan, Toe Strut Fwd x2 (x2)

1&2& RF stomp forward, LF step forward, LF swivel toes left, LF swivel toes back
3&4& RF step forward on toes, RF heel down, LF step forward on toes, LF heel down
5&6& RF stomp forward, LF step forward, LF swivel toes left, LF swivel toes back
7&8& RF step forward on toes, RF heel down, LF step forward on toes, LF heel down [12]

'V' Steps, Jazz Box Cross ¼ R, Sync. Vine

1&2& RF step right forward on heel (out), LF step side on heel (out), RF step back to center, LF together
3-6 RF cross over, LF ¼ right step back, RF step side, LF cross over
7&8& RF step side, LF cross behind, RF step side, LF cross over [3]

Side-Touch, Side-Touch, Chassé-Touch, ¼ R Side-Touch, Side-Touch, Side/Drag, Rock Behind Recover

1&2& RF step side, LF touch beside, LF step side, RF touch beside
3&4& RF step side, LF together, RF step side, LF touch beside
5&6& LF ¼ right step side, RF touch beside, RF step side, LF touch beside
7-8& LF big step side and drag RF, RF rock behind, LF recover [6]

Sync. Vine ¼ R Scuff, Fwd-Touch Behind, Back-Kick, Back-Touch, Back-Kick, Coaster, Scuff

1&2& RF step side, LF cross behind, RF ¼ right step forward, LF scuff
3&4& LF step forward, RF touch behind, RF step back, LF kick forward
5&6& LF step back, RF touch beside, RF step back, LF kick forward
7&8& LF step back, RF together, LF step forward, RF scuff [9]

Start again

TAG: After the 3rd wall [3]:

Rocking Chair

1-4 RF rock forward, LF recover, RF rock back, LF recover