

Put a LIME in it!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Val Saari (CAN) - November 2019
音樂: Lime in It - Leaving Thomas



Begin on the downbeat, one count before the words "I swear"

HEEL SWITCHES RL, KICK-BALL CHANGE 1/4 TURN L, HEEL TWISTS RL

1-4 Touch R Heel forward on floor, Step RF beside L, Touch L Heel forward on floor, Step LF beside R
5&6 Kick RF forward, bring back in place, LF step forward 1/4 turn Left
7-8 Twist heels right, Twist heels left

LINDY RIGHT, STEP HOOKS BEHIND

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5-6 LF Step left, RF hook behind L
7-8 RF Step right, LF hook behind R

LINDY LEFT, RF ROCKING CHAIR

1&2 Step LF left, Step RF beside L, Step LF left
3-4 Rock RF behind L, Recover LF
5-6 Rock RF forward, Recover Left
7-8 Rock RF back, Recover Left

RF SHUFFLE FWD, STEP PIVOT 1/2 R, LF SHUFFLE FWD, SWAY RL

1&2 Step RF forward, Step LF beside R, Step RF forward
3-4 Step LF forward, Pivot 1/2 R
5&6 Step LF forward, Step RF beside L, Step LF Forward
7-8 Step RF to right and sway, Sway left (weight on LF)

REPEAT

No tags, no restarts

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