

# Put a LIME in it!

**COPPER KNOB**  
BY STEPHEN

拍數: 32      牆數: 4      級數: High Beginner  
編舞者: Val Saari (CAN) - November 2019  
音樂: Lime in It - Leaving Thomas



Begin on the downbeat, one count before the words "I swear"

## HEEL SWITCHES RL, KICK-BALL CHANGE 1/4 TURN L, HEEL TWISTS RL

1-4      Touch R Heel forward on floor, Step RF beside L, Touch L Heel forward on floor, Step LF beside R  
5&6      Kick RF forward, bring back in place, LF step forward 1/4 turn Left  
7-8      Twist heels right, Twist heels left

## LINDY RIGHT, STEP HOOKS BEHIND

1&2      Shuffle right, RLR  
3-4      Rock back on LF, Recover on RF  
5-6      LF Step left, RF hook behind L  
7-8      RF Step right, LF hook behind R

## LINDY LEFT, RF ROCKING CHAIR

1&2      Step LF left, Step RF beside L, Step LF left  
3-4      Rock RF behind L, Recover LF  
5-6      Rock RF forward, Recover Left  
7-8      Rock RF back, Recover Left

## RF SHUFFLE FWD, STEP PIVOT 1/2 R, LF SHUFFLE FWD, SWAY RL

1&2      Step RF forward, Step LF beside R, Step RF forward  
3-4      Step LF forward, Pivot 1/2 R  
5&6      Step LF forward, Step RF beside L, Step LF Forward  
7-8      Step RF to right and sway, Sway left (weight on LF)

## REPEAT

No tags, no restarts

Email: [valeriesaari@icloud.com](mailto:valeriesaari@icloud.com)

Phone: 1-905-246-5027

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