

Part Friday, Part Sunday

COPPER KNOB
BY STEPHEN HETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Christine Stewart (NZ) - October 2019
音樂: Part Friday Night, Part Sunday Morning - Bryan Adams : (Album: Shine A Light)



*Restart 1 occurs during wall 2 after count 16. Dance starts again facing 9:00

**Restart 2 (with step change) occurs during wall 7 after count 8. Dance starts again facing 9:00

***Restart 3 (with step change) occurs during wall 13 after count 8. Dance starts again facing 6:00

Intro: 8 counts. No tags, 3 restarts

Begin facing 12:00 with weight on Left and Right touched beside Left

[1 – 8] RIGHT HEEL, LEFT HEEL, RIGHT RUMBA FORWARD, HOLD

1 - 4 Touch Right heel forward, step onto Right beside Left, touch Left heel forward, step onto Left beside Right

Replace counts 5-8 below with ENDING during wall 18 facing 3.00 to finish dance facing 12.00

5 - 8 Step Right to right side (5), step onto Left beside Right (6), step Right forward (7), hold (8)**,

**Restart 2 occurs here during wall 7 after count 8. During the restart wall, replace count 7 with touch Right beside Left. Dance starts again facing 9:00.

***Restart 3 occurs here during wall 13 after count 8. During the restart wall, replace count 7 with touch Right beside Left. Dance starts again facing 6:00

[9 – 16] STEP FORWARD, TAP BEHIND, STEP BACK, KICK FORWARD, LEFT COASTER BACK, HOLD

1 - 4 Step Left forward, tap Right toe behind Left heel, step Right back, kick Left forward

5 - 8 Step Left back, step onto Right beside Left, step Left forward, hold

*Restart 1 occurs here during wall 2 after the hold (count 16). Dance starts again facing 9:00

[17 – 24] RIGHT TOE STRUT, LEFT TOE STRUT, RIGHT ROCKING CHAIR

1 - 2 Step forward on ball of Right, lower Right heel to floor

3 - 4 Step forward on ball of Left, lower Left heel to floor

5 - 8 Step/rock Right forward, recover back onto Left, step/rock Right back, recover forward onto Left

[25 – 32] ¼ PIVOT TURN LEFT, CROSS, KICK, BEHIND, SIDE, CROSS, HOLD

1 - 4 Step Right forward, turn ¼ left on balls of both feet transferring weight onto Left, cross Right over in front of Left, kick Left to left diagonal (9:00)

5 - 8 Cross Left behind Right, step Right to right side, cross Left over in front of Right, hold

#Add optional ENDING here during wall 18 facing 3:00 to finish the dance facing 12:00

ENDING ¼ PIVOT TURN LEFT, CROSS, HOLD

Step Right forward, turn ¼ left on balls of both feet transferring weight onto Left, cross Right over in front of Left, hold (12:00)

Thank you so much Dee for teaching my dance to kick things off at our workshop weekend in NZ in Nov. 2019

E-mail: christine@silverliningdance.co.nz website: www.silverliningdance.co.nz

