

Country Girl With a Rock & Roll Heart

COPPER KNOB
BY STEPHEN HETS

拍數: 64 牆數: 4 級數: Intermediate
編舞者: Erica de Vaan (NL) - November 2019
音樂: Country Girl with a Rock and Roll Heart - Jayne Denham



Intro: 4 counts

RF kick ball step, rock fwd, recover, shuffle back, rock back, recover

1 & 2 RF kick fwd – RF step on ball – step on LF
3 – 4 RF rock fwd – recover on LF
5 & 6 RF step back – LF close – RF step back
7 – 8 LF rock back – recover on RF

LF kick-ball-step, rock fwd, recover, shuffle back, rock back, recover

1 & 2 LF kick fwd – LF step on ball – step on RF
3 – 4 LF rock fwd – recover on RF
5 & 6 LF step back – RF close – LF step back
7 – 8 RF rock back – recover on LF

Cross point R + L, jazzbox cross

1 – 2 RF cross over – LF point L side
3 – 4 LF cross over – RF point R side
5 – 6 RF cross over – LF step back
7 – 8 RF step aside – LF cross over

Chassé R, rock back, recover, chassé L 1/4 turn right, rock back, recover

1 & 2 RF step aside – LF close – RF step aside
3 – 4 LF rock back – recover on RF
5 & 6 LF step aside – RF close – LF step back 1/4 turn R
7 – 8 RF rock back – recover on LF

Kick-ball-point R + L, RF cross hitch, point, cross hitch, side

1 & 2 RF kick fwd – RF step on ball – LF point L side
3 & 4 LF kick fwd – LF step on ball – RF point R side
5 – 6 Hich R knee across L knee – RF point R
7 – 8 Hich R knee across L knee – RF point R

LF cross hitch, point, cross hitch, side, RF kick, step back, LF+RF heel twist

1 – 2 Hich L knee across R knee – LF point L
3 – 4 Hich L knee across R knee – LF point L
5 – 6 RF kick fwd – RF step back
7 – 8 LF+RF twist heels L – twist heels back to center

Vine left 1/4 turn L, scuff, 1/4 turn L vine right 1/4 turn R, close

1 LF step aside
2 RF cross behind
3 LF step fwd 1/4 turn L
4 RF scuff
5 RF step fwd 1/4 turn L
6 LF cross behind
7 RF step fwd 1/4 turn R
8 LF close

Traveling twist L, clap, monterly turn 1/4 R

- 1 LF+RF twist heels L
- 2 LF+RF twist toes L
- 3 LF+RF twist heels L

(Moving to the left)

- 4 Clap your hands
- 5 RF point R
- 6 RF close 1/4 turn R
- 7 LF point L
- 8 LF close

Start over and enjoy !

Tags: - Add:

After the 2th and 4th wall: 1 x jazzbox

After the 7e wall: 1 x jazzbox,

~1 x jazzbox 1/4 turn R [12]

= finish

Restart + tag:

Dance the 5th wall unto the kick-ball-points of section 5, add a jazzbox and start over.

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