

# Roll With It

拍數: 32      牆數: 4      級數: Improver R&B  
編舞者: Marc Mitchell (CAN) - November 2019  
音樂: Roll With It - Steve Winwood : (Album: Revolution- The very best of Steve Winwood)



Intro: 32 counts - Direction: CCW

## WALK RIGHT, WALK LEFT, OUT, OUT, IN, IN, X2

1-2            Step right forward. step left forward  
&3&4        Step right out to side, step left out to side, step right in, step left together  
5-6            Step right forward. step left forward  
&7&8        Step right out to side, step left out to side, step right in, step left together

## KICK BALL CHANGE 1/8 TURN RIGHT, KICK BALL CHANGE 1/8TURN RIGHT, V STEP

1&2            Kick right forward diagonal, touch right back, step left in place  
3&4            Kick right forward diagonal, touch right back, step left in place  
5-6            Step right forward diagonal (out), step left to left side (out)  
7-8            Step right back diagonal (in), step left together (in)

## HEEL RIGHT FORWARD DIAGONAL, HOOK RIGHT, SHUFFLE FORWARD DIAGONAL, STEP LEFT FORWARD, RIGHT SIDE 1/4 TURN RIGHT, ANCHOR STEP

1-2            Heel right forward slight diagonal, lift & cross (hook) right in front of left  
3&4            Step right forward, step left together, step right forward  
5-6            Step left forward, step right to side 1/4 turn to right  
7&8            Touch (press) left behind right, recover right, recover weight on left (rocking motion)

## POINT RIGHT SIDE, STEP RIGHT BACK, POINT LEFT SIDE, STEP LEFT BACK, 1/4 TURN SWEEP SAILOR RIGHT, LEFT FORWARD MAMBO

1-2            Touch right to right side, step right behind left  
3-4            Touch left to left side, step left behind right  
5&6            Sweep right back behind left with 1/4 turn to right, step left together, step right forward  
7&8            Step left forward, recover right, step left together

## \*\*\*3 TAGS & RESTART: 16 counts after walls 2,6,12: as follows

### TOUCH RIGHT FORWARD, TOUCH RIGHT SIDE, TRIPLE STEP , TOUCH LEFT FORWARD, TOUCH LEFT SIDE, TRIPLE STEP

1-2            Touch right forward, touch right to right side  
3&4            Step right together with left, step left together, step right together  
5-6            Touch left forward, touch left to left side  
7&8            Step left together with right, step right together, step left together

## PADDLE 1/4 TURN LEFT X 4 (FULL TURN)

1-2            Step right forward, pivot 1/4 turn left with weight left side  
3-4            Step right forward, pivot 1/4 turn left with weight left side  
5-6            Step right forward, pivot 1/4 turn left with weight left side  
7-8            Step right forward, pivot 1/4 turn left with weight left side

\*ENDING: Wall 17 (facing 9.00), after 16 counts as follows: step left forward, step right to side 1/4 turn right with attitude, arms extended

\*WALL SEQUENCE Facing : 12,9,6,6,3,12,9,9,6,3,12,9,6,6,3,12,9

