

Ho Ho Ho

拍數: 64 牆數: 1 級數: Phrased Improver
編舞者: Karianne Heimvik (NOR) - November 2019
音樂: Ho Ho Ho - Sia



Phrased: A,BB,AAA,BB,AAAA

Intro: 32 counts

Thank you Raymond Sarlemijn for giving me input for this dance!

Part A:

(1-8) walk x4, reverse K.step

1,2,3,4 RF fwd, LF fwd, RF fwd, LF fwd

5,6,7,8 step RF diagonally back to right, touch LF next to RF, step LF diagonally back to left, touch RF next to LF

(9-16) repeat count (1-8)

(17-24) point, hold, point, hold, rocking chair

1,2& point RF to right, hold, step RF next to LF

3,4& point LF to left, hold, step LF next to RF

5,6,7,8 rock RF fwd, recover weight to LF, rock RF back, recover weight to LF

(25-32) jazzbox ¼ turn x2

1,2,3,4 cross RF over LF, make ¼ turn to right stepping back on LF, step RF to right, step LF fwd

5,6,7,8 cross RF over LF, make ¼ turn to right stepping back on LF, step RF to right, step LF fwd

Part B:

(1-8) Right hip bump x2, jazzbox

1,2,3,4 right hip up, right hip down, right hip up, right hip down

&5,6,7,8 step RF in place, cross LF over RF, step RF back, step LF to left, step RF fwd

(9-16) left hip bump x2, jazzbox

1,2,3,4 left hip up, left hip down, left hip up, left hip down

&5,6,7,8 step LF in place, cross RF over LF, step LF back, step RF to left, step LF fwd

(17-24) toe strut x2, rocking chair

1,2,3,4 step fwd touching RF toe to the floor, drop RF heel to the floor, step fwd touching LF toe to the floor, drop LF heel to the floor

5,6,7,8 rock RF fwd, recover weight to LF, rock RF back, recover weight to LF

(25-32) Heel ¼ turn, rock back, heel ¼ turn, rock back

1,2,3,4 make ¼ turn to right by turning on RF heel, step back on LF, rock back on RF, recover weight to LF

5,6,7,8 make ¼ turn to right by turning on RF heel, step back on LF, rock back on RF, recover weight to LF

Enjoy! Remember to have fun and smile!

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