

No Se Me Quita

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Carole Gourvellec (FR) - November 2019
音樂: No Se Me Quita (feat. Ricky Martin) - Maluma



Intro : 8 counts - No Tags – No Restarts

[1 – 8] Walk R, Walk L, Anchor Step R, ½ Turn L, ½ Turn R, Coaster Step L

1 – 2 Step R fwd, Step L fwd
3&4 Lock/Rock R behind L, Recover fwd on L, Step back on R
5 – 6 ½ Turn to L, ½ Turn to R
7&8 Step back on L, Step R next to L, Step L fwd

[1 – 8] Cross Samba x 2, ½ Diamond

1&2 Cross R over L, Rock L to L, Recover onto R, Moving slightly fwd
3&4 Cross L over R, Rock R to R, Recover onto L, Moving slightly fwd
5&6 Cross R over L, Step L to L side, 1/8 Turn R stepping back on R
7&8 Step back on L, 1/8 Turn R stepping fwd on R, Step fwd on L

[1 – 8] Mambo Side x 2 R, L, Rocking Chair R, Shuffle R

1&2 Rock R to R side, Recover L, Step R next to L
3&4 Rock L to L side, Recover R, Step L next to R
5&6 Rock R fwd, Recover weight onto L, Rock R back, Recover weight onto L
7&8 Step fwd on R, Close L behind R, Step fwd on R

[1 – 8] Rocking Chair L, Shuffle L, Step Turn Step R, Mambo forward L

1&2 Rock L fwd, Recover weight onto R, Rock L back, Recover weight onto R
3&4 Step fwd on L, Close R behind L, Step fwd on L
5&6 Step R fwd, Pivot ½ Turn L, Step R fwd
7&8 Rock L fwd, Recover onto R, Step L next to R
