

I'm a One Woman Man

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Beginner
編舞者: Sandy Kelly (CAN) - November 2019
音樂: I'm a One Woman Man - George Jones : (iTunes)



Wait: 16 Beats

SUGAR FOOT, TRIPLE IN PLACE (2X)

1,2, Touch Rt toe beside Lt foot instep, Touch Rt heel beside Lt foot instep
3&4 Triple in place: Rt,Lt,Rt (cha cha cha)
5,6 Touch Lt toe beside Rt foot instep, Touch Lt heel beside Rt foot instep
7&8 Triple in place: Lt,Rt,Lt (cha cha cha)

VINE SKUFFS (to Rt, to Lt)

1,2,3,4 Step Rt foot to Rt, Step Lt foot behind Rt, Step Rt foot to Rt, Skuff Lt foot fwd (move to rt)
5,6,7,8 Step Lt foot to Lt, Step Rt foot behind Lt, Step Lt foot to Lt, Skuff Rt foot fwd (move to lt)

SHUFFLES (4X moving forward)

1&2 Shuffle fwd: Rt,Lt,Rt
3&4 Shuffle fwd: Lt,Rt,Lt
5&6 Shuffle fwd: Rt,Lt,Rt
7&8 Shuffle fwd: Lt,Rt,Lt

HEEL HOOK, HEEL FLICK, TWO TURNING PADDLES (1/4 Left turn)

1,2 Tap Rt heel fwd & angled Rt, Bend knee and hook Rt leg in front of Lt
3,4 Tap Rt heel fwd & angled Rt, Bend knee and flick Rt leg behind Lt
5,6,7,8 Touch Rt toe, Step Lt foot, Touch Rt toe, Step Lt foot (Use both paddles to make 1/4 Left turn)

REPEAT

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