

# Hee's Polka

COPPER KNOB  
STEPSHEETS

拍數: 32      牆數: 4      級數: High Beginner Polka  
編舞者: Kyung Hee Lee (KOR) - November 2019  
音樂: Ievan Polkka - Hatsune Miku



Start the dance after 32 counts

## SECTION 1: (FORWARD ROCK, RECOVER, COASTER STEP) X 2

1-2      Rock RF forward, recover on LF  
3&4      Step RF backward, close LF next to RF, step RF forward  
5-6      Rock LF forward, recover on RF  
7&8      Step LF backward, closed RF next to LF, step LF forward

## SECTION 2: VINE STEP WITH HITCH, TRAVELLING TWIST L/R/L, TRAVELLING TWIST R/L/R AND HITCH

1-4      Step RF to R side, cross LF behind RF, step RF to R side, hitch LF  
**(Note: When you doing hitch, L hand on waist and R hand raise up over head)**  
5&6      Twist both heels to L, moving both toes to R, moving both heels to L  
7&8      Twist both heels to R, moving both toes to L, moving both heels to R and hitch LF

## SECTION 3: VINE STEP WITH HITCH, TRAVELLING TWIST R/L/R, TRAVELLING TWIST L/R/L AND 1/4 TURN TO R WITH HITCH

1-4      Step LF to L side, cross RF behind LF, step LF to L side, hitch RF  
**(Note: When you doing hitch, R hand on waist and L hand raise up over head)**  
5&6      Twist both heels to R, moving both toes to L, moving both heels to R  
7&8      Twist both heels to L, moving both toes to R, moving both heels to L and 1/4 turn to R with hitch RF

## SECTION 4: BACKWARD ROCK, RECOVER, FORWARD TOUCH, 1/2 TURN TO L WITH FLICK, SAMBA STEP, SAMBA STEP

1-4      Rock RF backward, recover on LF, touch RF forward, 1/2 turn to L with RF flick  
5&6      Cross RF over LF, rock LF to L side, recover on RF  
7&8      Cross LF over RF, rock RF to R side, recover on LF

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