

No New Friends

拍數: 32 牆數: 4 級數: Improver
編舞者: Aline Morel (FR) - November 2019
音樂: No New Friends (feat. Sia, Diplo & Labrinth) - LSD



Intro : 16 counts

Sec 1 : POINT R SIDE, TOUCH, POINT R SIDE , POINT BACK, KICK BALL CROSS, LONG STEP R SIDE, DRAG, KNEE POP X2 (ON THE SPOT)

1&2& Point RF to R side, Touch RF next to LF, point RF to R side, point RF behind LF
3&4 Kick RF forward into R diagonal, ball RF next to LF, cross LF over RF
5-6 Long step RF to R side, drag LF toward RF
7-8 Take weight on LF as you pop RF knee forward, take weight on RF as you pop LF knee forward

Sec 2 : OUT, OUT, HOLD, JUMP IN WITH CLAP, R PADDLE ½ TURN L

1-2 Step LF to L side throwing L hand to L side (palm up) Step RF to R side throwing R hand to R side (palm up)
3-4 Hold, Jump both feet together with clap (weight must end on LF)

Option : 3&4 JUMP IN-OUT-IN

Jump both feet together, jump both feet apart, jump both feet together

5&6& Make 1/8 turn L pushing RF to R side, recover on LF, Make 1/8 turn L pushing RF to R side, recover on LF (9H)
7&8& Make 1/8 turn L pushing RF to R side, recover on LF, Make 1/8 turn L pushing RF to R side, recover on LF (6H)

Sec 3 : CROSS SAMBA R, CROSS SAMBA L, JAZZ BOX ¼ TURN R

1&2 Cross RF over LF, rock LF to L side, recover weight on RF
3&4 Cross LF over RF, rock RF to R side, recover weight on LF
5-6-7-8 Cross RF over LF, ¼ turn R step LF back (9H), step RF to R side, step LF forward

Sec 4 : BALL ROCK STEP FWD, RECOVER, OUT, OUT, HOLD, SWIVEL IN TOES-HEELS-TOES, SNAKE L, TOUCH

&1-2 Step RF next to LF, rock LF forward, recover weight on RF
&3-4 Step LF back to L diagonal, step RF to R side, hold
5&6 Swivel both toes in, Swivel both heels in, swivel both toes in (take weight on RF)
7-8 Step LF to L side with snake to L, touch RF next to LF

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