

# Lock Roamin'

拍數: 32      牆數: 4      級數: Absolute Beginner  
編舞者: Sharon Brizon (UK) - 2008  
音樂: Islands in the Stream - Dolly Parton & Kenny Rogers



(or any track with a 4/4 beat)

(choreographed to introduce Absolute Beginners to Lock Steps & Cha Cha Chas)

Intro: 16 counts

## RIGHT LOCK STEP, SCUFF, CHA CHA LEFT, CHA CHA RIGHT

1-2      Step forward diagonally right. Lock left behind right.  
3-4      Step diagonally right. Scuff left heel.  
5&6      Cha Cha on the spot – left, right, left  
7&8      Cha Cha on the spot – right, left, right

## LEFT LOCK STEP, SCUFF, CHA CHA RIGHT, CHA CHA LEFT

1-2      Step forward diagonally left. Lock right behind left.  
3-4      Step diagonally left. Scuff right heel.  
5&6      Cha Cha on the spot – right, left, right  
7&8      Cha Cha on the spot – left, right, left

## BACKWARD TOE STRUTS x 4

1-2      Touch right toe back. Drop right heel to floor (weight on to right foot).  
3-4      Touch left toe back. Drop left heel to floor (weight on to left foot).  
5-6      Touch right toe back. Drop right heel to floor (weight on to right foot).  
7-8      Touch left toe back. Drop left heel to floor (weight on to left foot).

## TAP, TAP, CHA CHA RIGHT, TAP, TAP, CHA CHA LEFT ¼ TURN

1-2      Tap right toe forward. Tap right toe to right side.  
3&4      Cha Cha on the spot – right, left, right.  
5-6      Tap left toe forward. Tap left toe to left side.  
7&8      Cha Cha on the spot, making ¼ turn left – left, right, left.

REPEAT