

Baby It's Cold Outside

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Wendy Haggerty (USA) - November 2019
音樂: Baby, It's Cold Outside (feat. Meghan Trainor) - Brett Eldredge



Easy Tag on Wall 5

STEP, HOLD, ROCK RECOVER, STEP, HOLD, ROCK RECOVER

1, 2, 3, 4 Step right to right side, hold, rock left behind right, recover right
5, 6, 7, 8 Step left to left side, hold, rock right behind left, recover left
(for nice effect, sweep arms out and down)

STEP, HOLD, ROCK RECOVER, STEP, HOLD, ROCK RECOVER

1, 2, 3, 4 Step right to right side, hold, rock left behind right, recover right
5, 6, 7, 8 Step left to left side, hold, rock right behind left, recover left

TOE STRUTS w/ snaps

1-2 Step R toe forward, drop L heel down and snap fingers
3-4 Step L toe forward, drop R heel down and snap fingers
5-6 Step R toe forward, drop L heel down and snap fingers
7-8 Step L toe forward, drop R heel down and snap fingers

ROCKING CHAIR, ¼ T HIP ROLLS

1,2, 3, 4 Rock R forward, recover onto L, rock R back, recover onto L
5-6 Step R forward, pivot 1/8 turn L, rolling hips counter-clockwise
7-8 Step R forward, pivot 1/8 turn L, rolling hips counter-clockwise (weight on L)

TAG: at beginning of 5th wall (facing 12:00) dance a 4 count tag. "Shiver" by crossing arms on chest and swaying down and up.

STYLING: Finishing facing front and take a bow!

Enjoy and spice it up!

Contact choreographer: Whaggerty2016@gmail.com/www.ZestYogaAndFitness.com