

CHRISTMAS, Just Another Lonely Day

COPPER KNOB
BY STEPHEN

拍數: 68 牆數: 4 級數: Improver
編舞者: Val Saari (CAN) - November 2019
音樂: Christmas Will Be Just Another Lonely Day, The Marvelous Wonderettes, Julie Dixon Jackson



SCISSORS (RL)

1-4 RF Step R, Step LF together, RF crosses LF and Hold (push and cross)
5-8 LF Step L, Step RF together, LF crosses RF and Hold (push and cross)

TOE-STRUT, ROCK/RECOVER X 2 (RL)

1-4 Touch RF toes right, Step heel down, Rock LF left, Recover RF
5-8 Touch LF toes left, Step heel down, Rock RF right, Recover LF

MODIFIED CROSS MAMBOS (RL)

1-4 RF Cross over L, LF Recover weight, Step RF toes right, Step heel down
5-8 LF Cross over R, RF Recover weight, Step LF toes left, Step heel down

RF CROSS ROCK, TURNING SHUFFLES (1/4 R, 1/2 R), RF ROCK BACK

1-2 Cross-rock RF over L, LF recover
3&4 Turn 1/4 R and Shuffle forward RLR
5&6 Shuffle LRL turning 1/2 R
7-8 Rock RF back Recover LF

STEP-LOCK-STEP SCUFF, MAMBOS FWD, BACK

1&2& Step RF forward, Lock LF behind R, Step RF forward, Scuff LF fwd
3&4& Step LF forward, Lock RF behind L, Step LF forward, Scuff RF fwd*
5&6 Rock forward on RF, Recover LF, Step RF beside L, hold
7&8 Rock back on LF, Recover RF, Step LF beside R, hold

RF ROCK/RECOVER, SHUFFLE RLR PIVOT 1/2 R, LF ROCK/RECOVER, SHUFFLE LRL PIVOT 1/2 L,

1-2 Rock RF forward, recover LF
3&4 Shuffle back RLR Turn 1/2 R
5-6 Rock LF forward, recover RF
7&8 Shuffle back LRL Turn 1/2 L

OUT, OUT, IN, IN

1-2 Step RF right & RH thumbs up, Step LF left & LH thumbs up (with a smiling face)
3-4 Step RF left & RH thumbs down, Step LF together & LH thumbs down (with a sad face)

LINDY RIGHT, LINDY LEFT

1&2 Shuffle right, RLR
3-4 Rock back on LF, Recover on RF
5&6 Shuffle left, LRL
7-8 Rock back on RF, Recover on LF

STEP-TOUCH ROCKING CHAIR

1-2 Rock RF forward, Touch LF toes beside R
3-4 Step LF back, Touch RF toes beside L
5-6 Rock RF back, Touch LF toes beside R
7-8 Step LF forward, Touch RF toes beside L

*EZ RESTART: On Wall 3 after 36 counts facing 3:00

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