Dance In My Living Room



拍數: 96 牆數: 2 級數: Easy Intermediate

編舞者: Hayley Goy (UK) & Lesley Kidd (UK) - November 2019

音樂: Only Human - Jonas Brothers



Introduction: 32 counts, starts just before lyrics begin.

SECTION 1: Point & switch & switch, touch, point X2

1&2 Point R to R side, step R beside L, point L to L side&3& Step L beside R, point R to R side, Touch R beside L

4& Point R to R side, step R beside L

Point L to L side, step L beside R, point R to R sideStep R beside L, point L to L side, Touch L beside R

8& Point L to L side, touch L beside R

SECTION 2: L Rumba box, reverse full turn L, coaster step

Step L to L side, step R beside L, step forward L
 Step R to R side, step L beside R, step backwards R

5-6 Turn back ½ L, stepping L forward, turn ½ L stepping back R

7&8 Step back L, step R beside L, step forward L

(Restart dance here on wall 2)

SECTION 3: Basic nightclub X2, step together X4 making ½ turn

1-2& Step R to R side, rock back L, recover onto R
3-4& Step L to L side, rock back R, recover onto L
5& Step R forward turning 1/8 R, step L beside R (1:30)
6& Step R forward turning 1/8 R, step L beside R (3:00)

7&8 Step R forward turning 1/8 R, step L beside R (4.30), step R forward turning 1/8 R (6:00)

SECTION 4: 2X Vaudevilles, ½ turn jazz box ending with jump

1&2 Cross L over R, step R to R side, tap L heel out to L diagonal

&3&4 Step L beside R, cross R over L, step L to L side, tap R heel out to R diagonal

&5-6 Step R beside L, Cross L over R, step back R

7-8 Step forward L turning ½ turn L, jump both feet together (12:00)

SECTION 5: 2X triple steps in place, 2x syncopated side rocks

(start wall 4 here)

Step R slightly behind L, transfer weight forward to L, transfer weight back to R

Step L slightly behind R, transfer weight forward to R, transfer weight back to L

5-6 Rock R out to R side, recover weight onto L

&7-8 Step L beside R, rock L out to L side, recover weight onto R

SECTION 6: 3X 1/4 touch turns, step, 4x walks back with shimmys

1-2 Turn ¼ R pointing L out to L side, turn ¼ R pointing L out to L side

3-4 Turn ¼ R pointing L out to L side, step L beside R (9:00)

5-6 Walk back R, L shimmying shoulders7-8 Walk back R, L shimmying shoulders

SECTION 7: 3X swivels R, rock back, step, 3x swivels L, rock back, step

1&2 Swivel heels to R, swivel toes to R, swivel heels to R (weight on R)

3&4 Rock back L, recover onto R, step L beside R

5&6 Swivel heels to L, swivel toes to L, swivel heels to L (weight on L)

SECTION 8: 2X triple steps, rock back, ¾ turn

1&2	Step L slightly behind R, transfer weight forward to R, transfer weight back to L
3&4	Step R slightly behind L, transfer weight forward to L, transfer weight back to R

Rock back L, recover onto R 5-6

7-8 Turn ½ R stepping back on L, turn ¼ R stepping R to R side (6:00)

SECTION 9: Samba diamond fallaway

1&2	Step L across R, step back R turning 1/8 L, step back L hitching R (4:30)
3&4	Step R behind L, step forward L turning ¼ L, step forward R hitching L (1:30)
5&6	Step L across R, step back R turning 1/4 L, step back L hitching R (10:30)
7&8	Step R behind L, step forward L turning ¼ L, step forward R squaring to 6:00

SECTION 10: Cross, side, behind & cross, 4X hip sways

1-2	Cross L over R, step R to R side
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3&4 Step L behind R, step R to R side, step L across R 5-6 Step R to R side and sway hips to R, sway hips to L

7-8 Sway hips to R, sway hips to L

SECTION 11: Cross, step back ¼ turn, side shuffle X2

1-2	Cross R over L, step L back turning 1/4 R
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3&4 Step R to R side, step L beside R, step R to R side (9:00)

5-6 Cross L over R, step R back turning 1/4 L

7&8 Step L to L side, step R beside L, step L to L side (6:00)

SECTION 12: Rocking chair, cross, side, together, full rolling turn with jump

1&2&	Rock forward R to 4:30,	recover	rock back I	to 4:30	recover
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3&4 Cross R over L, step L to L side, step R beside L to 6, turning to face 7:30

5-6 Cross L over R, turn 1/4 L stepping R back

7-8 Turn ½ L stepping L forward, jump both feet together turning ¼ to face 6:00

RESTART WALL 2: Dance first 16 counts and restart facing 6:00

WALL 4: Miss first 32 counts and dance from count 33 to the end, making an extra half turn to face 12:00 to finish.