

# I Was Lonely

拍數: 32      牆數: 4      級數: Beginner  
編舞者: Francien Sittrop (NL) - November 2019  
音樂: Once Upon a Time (feat. Martina McBride) - The Mavericks : (Album: Play The Hits)



Intro : Start after 16 counts from the beginning

**[1 – 8] Side, Behind, Side Shuffle, Cross Rock, Recover, Sailor step ¼ L**

1 - 2            Step R to R side, Step L behind R  
3 & 4            Step R to R side, Step L next to R, Step R to R side  
5 – 6            Cross Rock L over R, Recover on R  
7 & 8            Sweep L behind R with ¼ Turn L, Step R next to L, Step L fwd (09.00)

**[9-16] Skates, Shuffle fwd, Vaudeville , Hold**

1 – 2            Skate R, L  
3 & 4            Step R fwd, Step L next to R, Step R fwd  
5-6&            Step L to L side, Step R behind L, Step L next to R  
7 – 8            Touch R heel fwd, Hold

**[17-24] Together, Cross, ¼ Fwd, Step Fwd, Pivot ¼ R, Cross, Hold, Side, Cross, Side**

&1– 2            Step R next to L, Step L across R, ¼ Turn R step R fwd (12.00)  
3 – 4            Step L fwd, Pivot ¼ Turn R (Weight ends on R ) (03.00)  
5 – 6            Cross L over R, Hold  
&7-8            Step R to R side, Step L across R, Step R to R side

**[25-32] Sailor steps x2, Rock fwd, Recover, Coaster Cross**

1 & 2            Sweep L behind R, Step R next to L, Step L to L side  
3 & 4            Sweep R behind L, Step L next to R, Step R to R side  
5 – 6            Rock L fwd, Recover on R  
7 & 8            Step L back, Step R next to L, Step L across R

Start Again

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