

If I Can't Have You

拍數: 64 牆數: 2 級數: High Intermediate
編舞者: Hiroko Carlsson (AUS) - November 2019
音樂: If I Can't Have You - Shawn Mendes : (iTunes)



Intro: 32 count (after you hear "Everything means nothing if I can't have you")

[S1] Back, Back, Coaster Step, Ball-Fwd, Syncopated Rocking Chair, Fwd

1 2 Step back on R, Step back on L
3&4 Step back on R, Step L next to R, Step forward on R
&5 Step L next to R, Step forward on R
6&7& Rock forward on L, Recover weight on R, Rock back on L, Recover weight on R
8 Step forward on R (12:00)

[S2] Step-Pivot 1/4L, Syncopated Weave L, Kick-Ball-Cross into Hinge Turn 1/2R

1 2 Step forward on L, Make a ¼ turn left recover weight on L
3&4& Cross R over L, Step L to the side, Step R behind L, Step L to the side
5 6& Cross R over L, Kick diagonally forward on L, Step L next to R
7 8 Cross R over L making a ¼ turn right, Step back on L and making a ¼ turn right (3:00)

[S3] Side Sway-Sway (optional: w/ snake rolls), 1/4R Shuffle Fwd, Fwd, Scuff, Chase Turn Fwd

1 2 Stepping R to the side/roll body to R (1), Roll body to L (2) - or just sway-sway
3&4 Make a ¼ turn right shuffle forward-RLR
5 6 Step forward on L, Scuff forward on R
7&8 Step forward on R, Make a ½ turn left recover weight on L, Step forward on R (12:00)

[S4] Fwd Mambo, Back Mambo, Side Rock into Full R Side Roll

1&2 Rock forward on L, Recover weight on R, Step back on L
3&4 Rock back on R, Recover weight on L, Step forward on R
5 6 Rock L to the side, Make a ¼ turn right stepping forward on R
7 8 Make a ½ turn left stepping back on L, Make a ¼ turn left stepping R to the side (12:00)

[S5] Cross Rock, Vaudeville, Cross, 1/4R, Shuffle Back

1 2 Rock/across L over R, Recover weight on R
3&4 Cross L over R, Step R to the side, Touch L heel diagonally forward, Step L to the side
5 6 Cross R over L, Make a ¼ turn right stepping back on L
7 8 Shuffle back-RLR (3:00)

[S6] Side Rock, Behind, Side Rock, Behind, 1/4L, Side

1 2 3 Rock L to the side, Recover on to R, Step L behind R
4 5 6 Rock R to the side, Recover on to L, Step R behind L
7&8 Make a ¼ turn left stepping forward on L, Step R to the side (12:00)

[S7] Sailor Step, Rock Back, Turning Shuffle Back, Coaster Step

1&2 Step L behind R, Step R out to right side, Step L out to left side
3 4 Rock back on R, Recover weight on L
5&6 Making a ½ turn left /shuffle turn back-RLR
7&8 Step back on L, Step R next to L, Step forward on L (6:00)

[S8] Whisks RL, Step-Pivot 1/2L, Fwd-1/2L Flick

1&2 Step R to the side, Rock L behind R, Recover weight on R
3&4 Step L to the side, Rock R behind L, Recover weight on L

5&6 Step forward on R, Make a ½ turn left recover weight on L

7&8 Step forward on R, Make a ½ turn left recover weight on L and flick R back (6:00)

Repeat

(updated: 14/Nov/19)

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
