

# Looks & Feels

拍數: 32      牆數: 4      級數: Improver  
編舞者: Holly Gilligan (CAN) - November 2019  
音樂: Feels Like Rock 'n Roll - Bouke : (CD: For the Good Times)



Introduction: 16 counts

## STAIRS

1&2      Step R to right side, close L to R, turn ¼ right, take weight on R  
(chasse ¼ right)  
3&4      Step L to left side, close R to L, turn ¼ left, take weight on L  
(chasse ¼ left)  
5&6      Step R to right side, close L to R, turn ¼ right, take weight on R  
(chasse ¼ right)  
7&8      Step L to left side, close R to L, turn ¼ left, take weight on L

## ½ STRUT, TOE STRUT, FORWARD MAMBO, SIDE ROCK, CROSS, ¼ LEFT COASTER

1&      Touch ball of R forward, turn ½ left, lower heel taking weight on R  
2&      Touch ball of L forward, lower heel taking weight on L  
3&4      Rock forward on R, recover on L, step back on R  
5&6      Rock to the left side on L, recover on R, cross step on L in front of R  
7&8      Step ¼ left back on R, close L, step forward on R

## POINTS, BACK WEAVE, BACK RHUMBA BOX WITH TURNS

1-2      Point L toe forward, point L toe side  
3&4      Step L behind R, step R to right side, cross step on L in front of R  
5&6      Step R to right, close L to R, Step back ¼ left on R  
7&8      Step L to left, close R to L, step forward ¼ left on L

## FORWARD MAMBO, COASTER, FORWARD ROCKS WITH TURNS

1&2      Rock forward on R, recover on L, step back on R  
3&4      Step back on L, close R to L, step forward on L  
5&6      Rock forward on R (gently, do not overdo it), recover on L, turn ¼ right taking weight on R  
7&8      Rock forward on L (again, gently), recover on R, turn ¼ left taking weight on L.

REPEAT

ENJOY!

Last Update - 5 Dec. 2019