Rolling With Love – Easy

級數: Improver - Rolling 8 count

編舞者: Gitte Plöger (DK) - November 2019

音樂: Hopelessly Devoted to You - Delta Goodrem : (Album: I Honestly Love You, iTunes & amazon.co.uk)

Notes: Dance starts on vocals

拍數: 40

Restart on Wall 1 after 32 count

4 count Tag at the end of Wall 3 (6:00), Ending with Tag.

[1-8] R Syncopated Cross/Rock, Recover L, R Side Step, L syncopated Cross/ Recover R, L Side Step ,L Syncopated Weave, R Cross / Rock, Recover L

- 1 2a Cross / Rock R over L, (1) Recover on L (2), Step R to R side (a)
- 3 4a Cross/ Rock L over R, (3) Recover on R, (4) Step L to L side (a)
- 5a 6a Cross/ Step R over L, (5) Step L to L side (a) Cross/ step R behind L, (6) Step L to L side(a)
- 7 8 Cross/ Rock R over L, (7) Recover on L, (8) (12:00)

[9-16] R Syncopated Weave, L Cross/ Rock, Recover R, Syncopated Touches back x 3, Step R to R Side

- a1 a2 Step R to R side, (a) Cross/Step L over R, (1) Step R to R side, (a) Cross/ Step L behind R, (2)
- a3 4 Step R to R side, (a) Cross/Rock L over R, (3) Recover on R, (4)
- a5 a6 Step L back, (a) Touch R toe fwd, slightly bending R knee, (5) Step R back, (a) Touch L toe fwd, slightly bending L knee, (6)
- a7 8 Step L back, (a) Touch R toe fwd, slightly bending R knee, (7) Step R to R Side, (8)

[17 - 24] Step fwd L, Cross R, L Side, Cross R behind L, L behind R, R Side, L fwd, Step R fwd, ½ turn Pivot L, R ball Step fwd, L fwd, Touch

- 1 2a Step L fwd, sweeping R fwd, (1) Cross/ step R over L, (2)
- 3 4a Step L to L side, (a) Cross/ Step R behind L, Sweeping L back, (3)
- 5-6 Cross/Step L behind R, (4) Step R to R Side, (a), Step L fwd, (5)
- 7 –a 8 Step R fwd, (6) ¹/₂ turn Pivot L, (7) step on ball of R next to L, (a) Step L fwd, (8)

[25 – 32] R Cross/Rock, Recover L, R Side/Rock, Recover L, R Back/ Rock, Recover L, Sway R, L

- 1 2 Cross /Rock R over L, (1) Recover L, (2)
- 3 4 Rock R to R side, (3) Recover L, (4)
- 5 6 Rock/Step Back R, (5), Recover L, (6)
- 7 8 Sway hips R, (7) Recover L, (8)
- ** RESTART ON WALL 1**

[33- 40] Walk Around Full Turn R Side on R, L, R, L, Syncopated R Side/ Rock, Recover L, Step Together, Syncopated L Side/ Rock, Recover R, Step Together

- 1 2 Step R fwd turning 1/4 turn R, (1) (9:00) Step L fwd turning 1/4 turn R, (2) (12:00)
- 3 4 Step R fwd turning 1/4 turning R, (3) (3:00) Step L fwd turning 1/4 turn R, (4) (6:00)
- 5 6a Rock R to R Side while Sway hips R, (5) Recover L (6) Step on Ball of R next to L, (a)
- 7 8a Rock L to L Side while Sway hips L, (7) Recover R (8) Step on Ball of L next to R, (a)

Start Again and enjoy!!

TAG: At the end of Wall 3 (6:00)(Ending is also the below tag) (1 - 4) Step R to R while making angel wings up and down

Note: Useful as Floosplit to the wonderful dance:" Rolling With Love" by Simon Ward, Australia and Heather Barton, UK.





牆數:2