

# Delirious

拍數: 32      牆數: 4      級數: Intermediate NC  
編舞者: Paul Snooke (AUS) - September 2019  
音樂: Delirious - Chase Fouraker



Intro: Starts on lyrics 0:17 seconds into the track

## Forward, Rock/Recover, Back & Sweep, Behind Side 1/8 Forward, Together & Slide, 1/2 Forward, 1/2 Back

- 1-2&      Step LF forward, Step RF forward, Recover weight to LF  
3-4&      Step RF back & sweep LF around to behind RF, Step LF behind RF, Step RF to R side  
5-6      Turn 1/8 R & step LF forward, Step RF forward [1:30]  
7-8&      Step LF together & slide R toe back, Turn 1/2 R & step RF forward, Turn 1/2 R & step LF back [1:30]

## Coaster, 1/2, Scissor, Side, Behind, Side, Cross, 3/4 Unwind

- 1&2&      Step RF back, Step LF together, Step FR forward, Turn 1/2 L transferring weight to LF [7:30]  
3&4&      Turn 1/8 L & Step RF to R side, Step LF together, Cross RF over LF, Step LF to L side [6:00]  
5-6      Cross RF behind LF, Step LF to L side  
7-8      Cross RF over LF, Unwind 3/4 with weight on LF [9:00]

## R Forward, L Forward, 1/2, L, Forward, R Forward, 1/4, R Cross & Sweep, Cross Side, 1/8 Rock/Recover, 1/8 Side

- 1-2&      Step RF forward, Step LF forward, Turn 1/2 R transferring weight to RF [3:00]  
3-4&      Step LF forward, Step RF forward, Turn 1/4 L transferring weight to LF [12:00]  
5-6&      Cross RF over LF & sweep LF around in front of RF, Cross LF over RF, Step RF to R side  
7-8&      Turn 1/8 L & rock LF back [10:30], Recover weight to RF, Turn 1/8 R & step LF to L side [12:00]

## 1/2 Side, Cross/Recover, Side, Cross/Recover, Full turn R,L,R & sway R, Sway L, Scissor 1/4

- 1&2&      Turn 1/2 R & Step RF to R side, Cross/Rock LF over RF, Recover weight to LF, Step LF to L side [6:00]  
3&4&      Cross RF over LF, Cross/Rock recover weight to LF, Turn 1/4 R & step RF forward, Turn 1/2 R & step LF back [3:00]  
5-6      Turn 1/4 R & Step RF to R side swaying R, Sway L [6:00]  
7-8      Step RF to R side, Drag L together while slightly bending knees.

NOTE: to start the dance again, you need to add a 1/4 turn the beginning of the dance. So count 1 will now be:

Turn 1/4 L & Step LF forward for every wall.

### Contact Info:

Paul Snooke (AUS) paul.snooke@gmail.com  
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