

Clowns In Battle

拍數: 32 牆數: 4 級數: Improver / Intermediate
編舞者: Henrik Grønvold (NOR) - November 2019
音樂: Langt Å Gå - Klovner I Kamp



Start dance on lyrics after he says "yeah"

Cross step, touch, cross step, touch, syncopated weave L, cross ¼ R

1&2 Cross RF over LF, Step LF to L, Touch RF forward slightly to R diagonal
&3 Step RF beside LF, Cross LF over RF
&4 Step RF to R, Touch LF forward slightly to L diagonal
&5 Step LF beside RF, cross RF over LF
&6 Step LF to L, cross RF behind LF
&7 Step LF to L, cross RF over LF
&8 Step LF back, step RF a ¼ turn to R
& Step LF forward (facing 09:00)

Touch R, touch L, syncopated touches, hook R, rock step, syncopated steps backwards

1&2 Touch RF out to R, step RF forward, touch LF out to L
&3 Step LF forward, touch RF to R
&4 Touch RF beside LF, touch R heel forward
&5 Hook RF in front of L knee, step RF forward
6&7 Weight back onto LF, step RF back, step LF back
8& Step RF back, step LF back

Step Touch R, step touch L, shuffle R, touch, step flick R, step flick L, step hold, cross step L

1&2 Step RF to R, touch LF beside R, step LF to L
&3 Touch RF beside LF, step RF to R
&4 Step LF beside RF, step RF to R
&5 Touch LF beside RF, step LF to L
&6 Kick RF backwards with a flexed knee, step RF down
&7 Kick LF backwards with a flexed knee, step onto LF & hold
8& Cross RF behind LF, step LF to L

Mambo cross , mambo cross, rock step, back step, coaster step, drag RF.

1&2 Step RF in front of LF, raise LF slightly put it back in place, step RF to R
3&4 Step LF in front of RF, raise RF slightly put it back in place, step LF to L
5,6 Step RF forward, Weight back onto LF
& Step RF back
7& Step LF back, step RF beside LF
8& Step LF forward, drag RF slightly up to LF

Start again & enjoy :-)
